



ENBREL Condition Management Guide

Now that your child has started their ENBREL treatment, what comes next?



In this guide, you'll get:

- Information on what to expect during their first 3 months on ENBREL
- Questions to help your child's doctor identify treatment goals and ways to track your child's progress
- The ENBREL Condition Tracker to track your child's weekly progress while on ENBREL



What to expect in the first few months with ENBREL

ENBREL relieves joint pain and stiffness for children suffering from moderate to severe polyarticular JIA in children ages two and older. Everyone responds to treatment differently. To see if ENBREL may work for your child, be sure they take it as their doctor prescribes, keep track of any changes in their symptoms, and share them with their doctor.

In a medical study:



INDICATION: ENBREL is indicated for reducing signs and symptoms of moderately to severely active polyarticular juvenile idiopathic arthritis (JIA) in children ages 2 years and older.

IMPORTANT SAFETY INFORMATION

Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. There have been some cases of unusual cancers, some resulting in death, reported in children and teenage patients who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase.



Continuing the conversation with your child's doctor

The more you know about your child's treatment plan, the better you can partner with their doctor to get the most out of your child's treatment with ENBREL. So talk to your child's doctor and ask the questions you need to understand what you might expect when starting ENBREL. And, if your child is continuing with ENBREL, keep the conversation going to help them stay on track. You should always discuss the benefits and risks of ENBREL and read the Medication Guide before starting treatment.



When starting ENBREL, it may be helpful to ask your child's doctor questions like:

- When might my child expect to see a reduction in pain, stiffness, and swelling caused by moderate to severe polyarticular JIA?
- What kind of results might my child expect to see in the first 3 months with ENBREL?
- How important is consistency and sticking to the treatment plan?
- What resources are available to my child to be successful in adhering to the treatment plan?
- Is there anything else I should be doing to help my child manage their symptoms while taking ENBREL?
- What are the potential side effects, including serious side effects such as TB or other infections?



As your child moves forward with ENBREL, talk to their doctor about these topics to help them stay on track:

- The importance of continuing your child's ENBREL treatment as prescribed to help prevent further joint damage and stiffness
- Tips for managing seasonal effects that may impact their treatment (temperature, humidity, precipitation, etc.)
- Any flare ups or other symptoms that require attention
- What to do if your child misses an ENBREL dose
- What to do if my child has any side effects and what signs or symptoms of side effects should I look for?



Visit [EnbrelSupport.com](https://www.enbrel.com) for additional resources and support services to keep your child moving in the right direction.

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Keep track of your child's symptoms

Use the chart below to help your child monitor their symptoms week to week. Then share it with their doctor at their next appointment to evaluate your child's progress.

Rate the severity of each symptom on a scale of 1 (low) to 5 (high)															
Week	Joint stiffness in the morning					Joint pain					Joint swelling				
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This guide is intended to help you with your discussions with your doctor. Neither this guide nor tracking your symptoms take the place of working with your doctor throughout your prescribed ENBREL treatment.

IMPORTANT SAFETY INFORMATION

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Please see additional Important Safety Information on page 4.



Prescription Enbrel® (etanercept) is taken (given) by injection.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about ENBREL?

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

There have been some cases of unusual cancers, some resulting in death, reported in children and teenage patients who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase. Patients with RA may be more likely to get lymphoma.

Before starting ENBREL, tell your healthcare provider if you:

- Have any existing medical conditions
- Are taking any medicines, including herbals
- Think you have, are being treated for, have signs of, or are prone to infection. You should not start taking ENBREL if you have any kind of infection, unless your healthcare provider says it is okay
- Have any open cuts or sores
- Have diabetes, HIV, or a weak immune system
- Have TB or have been in close contact with someone who has had TB
- Were born in, lived in, or traveled to countries where there is more risk for getting TB. Ask your healthcare provider if you are not sure
- Live, have lived in, or traveled to certain parts of the country (such as, the Ohio and Mississippi River valleys, or the Southwest) where there is a greater risk for certain kinds of fungal infections, such as histoplasmosis. These infections may develop or become more severe if you take ENBREL. If you don't know if these infections are common in the areas you've been to, ask your healthcare provider
- Have or have had hepatitis B

- Have or have had heart failure
- Develop symptoms such as persistent fever, bruising, bleeding, or paleness while taking ENBREL
- Use the medicine Kineret (anakinra), Orencia (abatacept), or Cytosan (cyclophosphamide)
- Are taking anti-diabetic medicines
- Have, have had, or develop a serious nervous disorder, seizures, any numbness or tingling, or a disease that affects your nervous system such as multiple sclerosis or Guillain-Barré syndrome
- Are scheduled to have surgery
- Have recently received or are scheduled for any vaccines. All vaccines should be brought up-to-date before starting ENBREL. Patients taking ENBREL should not receive live vaccines.
- Are allergic to rubber or latex
- Are pregnant, planning to become pregnant, or breastfeeding
- Have been around someone with chicken pox

What are the possible side effects of ENBREL?

ENBREL can cause serious side effects including: New **infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening **psoriasis**; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

Common side effects include: Injection site reactions and upper respiratory infections (sinus infections).

In general, side effects in children were similar in frequency and type as those seen in adult patients. The types of infections reported were generally mild and similar to those usually seen in children.

These are not all the side effects with ENBREL. Tell your healthcare provider about any side effect that bothers you or does not go away.

If you have any questions about this information, be sure to discuss them with your healthcare provider. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please visit Enbrel.com to view the [Prescribing Information](#) and [Medication Guide](#).



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Enbrel.com

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