

Date: \_\_\_\_\_ Physician: \_\_\_\_\_



# Show your doctor how juvenile idiopathic arthritis affects your child

Moderate to severe polyarticular juvenile idiopathic arthritis (JIA) comes with some common symptoms like joint pain, swelling, and morning stiffness—and for some patients, these symptoms can get worse quickly.







If your child’s symptoms are making it difficult for him or her to do everyday things, your doctor needs to know so that you can work together to make the right decisions about treatment.

**Ask your child to think about his/her symptoms over the past week or two.**

Ask your child to describe **how their joints feel** on their **best** and **worst** day.

Ask your child to describe **how tight (stiff) their joints feel in the morning**. Have them describe their **best** and **worst** day.

**About how long did your child’s joint stiffness last on their best and worst day?**

	<1 hour	1 hour	2 hours	3 hours	4 hours	5+ hours
Best day						
Worst day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**In the past 2-3 weeks, which did your child have more of?**

Good days  Not-so-good days

**INDICATION:** ENBREL is indicated for reducing signs and symptoms of moderately to severely active polyarticular juvenile idiopathic arthritis (JIA) in children ages 2 years and older.

**IMPORTANT SAFETY CONSIDERATIONS**

Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. There have been some cases of unusual cancers, some resulting in death, reported in children and teenage patients who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase.

**Please see additional Important Safety Information on page 5.**



**Which of these symptoms does your child have?** (Check all that apply.)

- Joint pain or stiffness** when moving joints
  - Stiffness in the morning** or after resting
  - Warm or tender joints**
  - Limited range of motion** (your child's ability to move his or her joints)
  - Swelling in the joints**
  - Tired all the time**
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**How have symptoms affected your child?** (Check all that apply.)

- My child's pain and stiffness affect his or her ability to **do things they used to do** (for example, getting dressed in the morning)
- My child has had to **change daily routines** because his or her symptoms make some tasks too difficult (for example, walking to or from school)
- My child's joint pain **affects him or her during social activities** (for example, playing sports)
- Sometimes my child's joints **hurt too much to do certain things with friends and family** (for example, traveling)

**IMPORTANT SAFETY INFORMATION**

ENBREL can cause serious side effects including: New **infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening **psoriasis**; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

**Please see additional Important Safety Information on page 5.**



**Have your child’s symptoms made it hard for him or her to do any of these things?**

Get dressed (including tying shoelaces and buttoning clothes)	Yes   No   Unsure
Do chores or play games	Yes   No   Unsure
Lift a cup to his or her mouth	Yes   No   Unsure
Get in and out of bed	Yes   No   Unsure
Walk up steps	Yes   No   Unsure

**Describe how your child’s symptoms affect his or her daily activities.**

Which other everyday tasks (like opening jars, picking up clothes, or bathing/showering) have become more difficult for your child?

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## Did you know?

In a medical study:

- **At 3 months**, nearly 3 out of 4 children taking ENBREL had less pain, stiffness, and swelling
- **At 7 months**, some of the children who had less pain, stiffness, and swelling at 3 months continued to improve for an additional 4 months
- **At 4 years**, most children who had less pain, stiffness, and swelling continued to maintain their improvements while taking ENBREL through the first 4 years

**ENBREL has been prescribed by doctors for over 15 years.**

### IMPORTANT SAFETY INFORMATION

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

## Talk to your child's doctor about ENBREL

1. It's been proven that ENBREL helps relieve joint pain, stiffness, and swelling. Could it do that for my child?
2. How soon after starting ENBREL might it start to relieve my child's symptoms? Will my child continue to see improvements if he or she takes ENBREL as prescribed?
3. How does ENBREL treat symptoms differently than methotrexate?

### Add other questions:

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Prescription Enbrel® (etanercept) is taken by injection.

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about ENBREL?

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

There have been some cases of unusual cancers, some resulting in death, reported in children and teenage patients who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase. Patients with RA may be more likely to get lymphoma.

### Before starting ENBREL, tell your healthcare provider if you:

- Have any existing medical conditions
- Are taking any medicines, including herbals
- Think you have, are being treated for, have signs of, or are prone to infection. You should not start taking ENBREL if you have any kind of infection, unless your healthcare provider says it is okay
- Have any open cuts or sores
- Have diabetes, HIV, or a weak immune system
- Have TB or have been in close contact with someone who has had TB
- Were born in, lived in, or traveled to countries where there is more risk for getting TB. Ask your healthcare provider if you are not sure
- Live, have lived in, or traveled to certain parts of the country (such as, the Ohio and Mississippi River valleys, or the Southwest) where there is a greater risk for certain kinds of fungal infections, such as histoplasmosis. These infections may develop or become more severe if you take ENBREL. If you don't know if these infections are common in the areas you've been to, ask your healthcare provider

- Have or have had hepatitis B
- Have or have had heart failure
- Develop symptoms such as persistent fever, bruising, bleeding, or paleness while taking ENBREL
- Use the medicine Kineret (anakinra), Orencia (abatacept), or Cytoxan (cyclophosphamide)
- Are taking anti-diabetic medicines
- Have, have had, or develop a serious nervous disorder, seizures, any numbness or tingling, or a disease that affects your nervous system such as multiple sclerosis or Guillain-Barré syndrome
- Are scheduled to have surgery
- Have recently received or are scheduled for any vaccines. All vaccines should be brought up-to-date before starting ENBREL. Patients taking ENBREL should not receive live vaccines.
- Are allergic to rubber or latex
- Are pregnant, planning to become pregnant, or breastfeeding
- Have been around someone with chicken pox

### What are the possible side effects of ENBREL?

ENBREL can cause serious side effects including: New **infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening **psoriasis**; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

**Common side effects include:** Injection site reactions and upper respiratory infections (sinus infections)

In general, side effects in children were similar in frequency and type as those seen in adult patients. The types of infections reported were generally mild and similar to those usually seen in children.

These are not all the side effects with ENBREL. Tell your healthcare provider about any side effect that bothers you or does not go away.

If you have any questions about this information, be sure to discuss them with your healthcare provider. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see [Prescribing Information](#) and [Medication Guide](#) on this website.



Manufactured by Immunex Corporation  
Thousand Oaks, CA 91320

Marketed by Amgen Inc.

[Enbrel.com](http://Enbrel.com)