



**LOOK. LEARN. DISCUSS.**

*Your guide to choosing ENBREL with your doctor.*



See what ENBREL can do for you.

**20 YEARS\***

SINCE FDA APPROVAL

\*For adults with moderate to severe rheumatoid arthritis.

## **IMPORTANT SAFETY CONSIDERATIONS**

Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Lymphoma and other cancers (some fatal) have been reported in patients taking ENBREL and other TNF blockers.

Please see additional [Important Safety Information](#) on pages 30-31 and [Prescribing Information](#) and [Medication Guide](#).

## What does ENBREL treat?

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Moderate to severe

### **RHEUMATOID ARTHRITIS (RA)**

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ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in patients with moderately to severely active rheumatoid arthritis. ENBREL can be taken with methotrexate or used alone.

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### **PSORIATIC ARTHRITIS (PsA)**

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ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in patients with psoriatic arthritis. ENBREL can be used with or without methotrexate.

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### **ANKYLOSING SPONDYLITIS (AS)**

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ENBREL is indicated for reducing signs and symptoms in patients with active ankylosing spondylitis.

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Moderate to severe

### **POLYARTICULAR JUVENILE IDIOPATHIC ARTHRITIS (JIA)**

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ENBREL is indicated for reducing signs and symptoms of moderate to severe polyarticular juvenile idiopathic arthritis (JIA) in children ages 2 years and older.

## **IMPORTANT SAFETY CONSIDERATIONS**

ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and other infections that can spread throughout your body. Your healthcare provider should test you for TB before starting ENBREL and should monitor you closely for signs and symptoms of TB during treatment with ENBREL.

## Why choose ENBREL?

### ENBREL HAS A LONG HISTORY OF EXPERIENCE.

For over 20 years, rheumatologists have prescribed ENBREL, beginning with the approval of moderate to severe RA. Since that time, ENBREL has been approved for and prescribed for other conditions. **In fact, more than 12 million prescriptions have been written by rheumatologists since 1998.\*†**

### ENBREL IS EFFECTIVE FOR MANY PATIENTS.

ENBREL has been proven to reduce the signs and symptoms in moderate to severe RA, Psoriatic Arthritis, AS, and moderate to severe polyarticular JIA. For patients with moderate to severe RA and PsA, ENBREL can help lessen joint pain, stiffness, and help stop further permanent joint damage.

### ENBREL WORKS WHERE SYMPTOMS START.

When the immune system isn't working properly, it can lead to inflammation. This inflammation can cause signs and symptoms, such as joint pain and stiffness. ENBREL works to block a specific protein that can cause inflammation. Because ENBREL works on the immune system, it can make it harder to fight infections. To learn more, see Important Safety Information on pages 30–31.

### ENBREL OFFERS INDIVIDUALIZED SUPPORT.

*ENBREL Support*® provides resources and information to help you along the way, at no additional cost to you. Once enrolled, you can request information about financial support options and services, like supplemental injection support.

Learn more about *ENBREL Support*® and how to enroll on pages 32–35.

\*Prescriptions written does not equate to prescriptions filled or patients treated.

†Based on Xponent Database, January 1998–March 2017.

### ENBREL HAS A NUMBER OF INJECTION OPTIONS.

- Enbrel Mini® single-dose prefilled cartridge with AutoTouch® reusable autoinjector
- SureClick® Autoinjector
- Prefilled syringe
- Multiple-dose vial



Enbrel Mini® cartridge with AutoTouch® autoinjector

Learn more about all of the injection options ENBREL has to offer on pages 24–27.

### IMPORTANT SAFETY CONSIDERATIONS

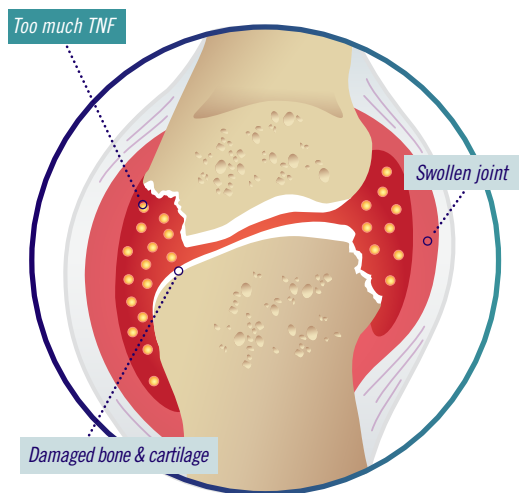
ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and other infections that can spread throughout your body. Your healthcare provider should test you for TB before starting ENBREL and should monitor you closely for signs and symptoms of TB during treatment with ENBREL.

Please see additional [Important Safety Information](#) on pages 30-31 and [Prescribing Information and Medication Guide](#).

## How joint pain and joint damage can start.

Your immune system protects your body from infections and diseases. But, if it isn't working right, it can actually cause harm to your own body. If you have moderate to severe RA or Psoriatic Arthritis, your immune system makes too much of a certain protein called tumor necrosis factor (TNF). Excessive TNF can increase inflammation, which can lead to joint pain and permanent joint damage.

### BEFORE ENBREL



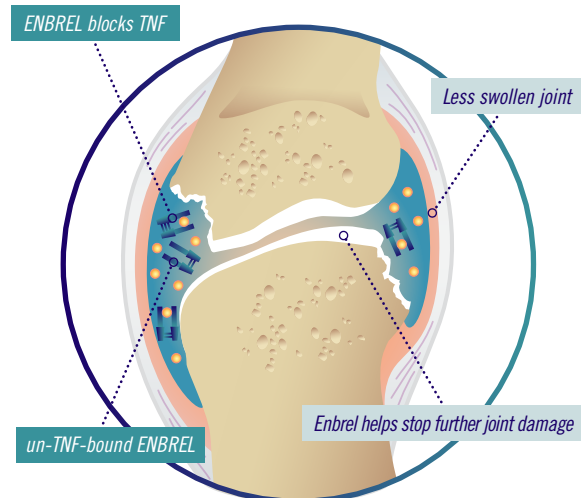
For illustrative purposes only.

## How ENBREL works.

ENBREL is a type of medicine known as a biologic (a treatment made from living things, like cells) and is designed to attach to TNF proteins to help block their activity. With fewer active TNF proteins, ENBREL can help you have fewer symptoms, like joint pain and swelling, all while stopping further irreversible joint damage.

Because ENBREL works on your immune system, it can make it harder to fight infections like the flu. If you develop an infection while taking ENBREL, you should consult your physician right away.

### AFTER ENBREL



For illustrative purposes only.

How ENBREL works



### Did you know?

Joint damage can significantly affect the function of your joints and can ultimately impact your ability to do simple tasks like walking, gripping, tying your shoes, or getting dressed.

### IMPORTANT SAFETY CONSIDERATIONS

ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and other infections that can spread throughout your body. Your healthcare provider should test you for TB before starting ENBREL and should monitor you closely for signs and symptoms of TB during treatment with ENBREL.

Please see additional [Important Safety Information](#) on pages 30-31 and [Prescribing Information and Medication Guide](#).

## Understanding RA.

### WHAT IS RA?

Normally, your immune system helps protect your body from sickness, but when you have RA, your immune system actually attacks healthy joints and tissues. This causes inflammation in the body and specifically in joints—most commonly in hands, knees, and feet.

### WHO DOES RA AFFECT?

- About **1.5 million people** in the United States
- **People of all ages** (typically starting between 35 and 50 years old)
- Mostly women, but men, too (**nearly 3X as many women have RA as men**)

### COMMON SIGNS AND SYMPTOMS OF RA:



Joint pain, swelling, and stiffness



Difficulty using affected areas of the body



Tiredness



**Joint pain can be a sign of permanent joint damage, which can get worse over time.**

### IMPORTANT SAFETY CONSIDERATIONS

ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and other infections that can spread throughout your body. Your healthcare provider should test you for TB before starting ENBREL and should monitor you closely for signs and symptoms of TB during treatment with ENBREL.



### LIVING WITH RA.

When you live with RA, you know each day brings a new challenge. Whether it's getting out of bed and dressing in the morning or making dinner with the family at night. So, if your bad days have become your every day, it may be time to talk about other treatment options.

Learn about a treatment that can help you get back to the things you love—ENBREL.

Your results may vary.



**“Before ENBREL, my husband and children had to cook and clean. My son, who was 8 years old, had to learn how to make coffee for me.”**

**Jeanne B.**

Taking ENBREL for moderate to severe rheumatoid arthritis (RA).

Your results may vary.

## How ENBREL can help.

ENBREL is proven to help relieve joint pain, swelling, and fatigue, and stop irreversible joint damage from getting worse. With symptom relief, performing everyday tasks and the activities you love may become less painful.

**BEFORE ENBREL**



**AFTER ENBREL**



For illustrative purposes only. Results may vary.



### Did you know?

In a medical study, **71% of people who took ENBREL + methotrexate (MTX) showed improvement in their moderate to severe RA symptoms after 6 months**, compared with 27% of people who took MTX alone.<sup>1</sup>

**Reference:** 1. Enbrel® (etanercept) prescribing information, Immunex Corporation, Thousand Oaks, Calif.

## IMPORTANT SAFETY CONSIDERATIONS

ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and other infections that can spread throughout your body. Your healthcare provider should test you for TB before starting ENBREL and should monitor you closely for signs and symptoms of TB during treatment with ENBREL.



## ENBREL can work fast.

Although everyone who takes ENBREL responds differently, a medical study<sup>1</sup> has shown:

In as early as  
**1–2 weeks**

**Some people had reduced signs and symptoms (joint pain, stiffness, and swelling)**

At  
**3 months**

**2 out of 3 people felt less pain and stiffness**

And at  
**6 months**

**Of those who continued taking ENBREL, some had even more improvement in their symptoms**

Your results may vary.

## TRACK YOUR KEY SYMPTOMS DURING YOUR ENBREL TREATMENT.

If you have moderate to severe RA, enroll in STATWISE™. Over 12 weeks, simply answer 3 daily text messages about your symptoms, like joint pain, fatigue, and morning joint stiffness.

**LEARN MORE AND SIGN UP AT [TEXTYOURSYMPTOMS.COM](https://textyoursymptoms.com)**



**Reference:** 1. Enbrel® (etanercept) prescribing information, Immunex Corporation, Thousand Oaks, Calif.

Please see additional [Important Safety Information](#) on pages 30-31 and [Prescribing Information](#) and [Medication Guide](#).

## Understanding PsA.

### WHAT IS PsA?

Normally, your immune system helps protect your body from sickness, but when you have PsA, your immune system actually attacks healthy joints and tissues. This can cause inflammation in almost any joint in the body. Usually, skin symptoms start first, followed by joint pain, most commonly in hands, knees, ankles, and feet.

### WHO DOES PsA AFFECT?

- It's estimated that more than **1 million people** in the United States are affected
- Men and women of all ages (with symptoms typically **starting between 30 and 50 years old**)

### COMMON SYMPTOMS OF PsA:



Patches of red, thick skin with silvery scales



Joint pain, swelling, and stiffness



Changes in the nail, such as pitting (small depressions on the surface of the nail), may occur

**Joint pain can be a sign of permanent joint damage, which can get worse over time.**

### IMPORTANT SAFETY CONSIDERATIONS

ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and other infections that can spread throughout your body. Your healthcare provider should test you for TB before starting ENBREL and should monitor you closely for signs and symptoms of TB during treatment with ENBREL.



### LIVING WITH PsA.

When you live with PsA, you know each day brings a new challenge. Whether it's brushing your teeth, wearing long clothing to cover your skin (even when it's hot out), or getting in daily exercise with friends or family. So, if your bad days have become your every day, it may be time to talk about other treatment options.

Learn about a treatment that can help you get back to the things you love—ENBREL.

Your results may vary.



**“Before ENBREL, my knee was always in pain. I had a ton of stiffness all the time.”**

**Amanda M.**

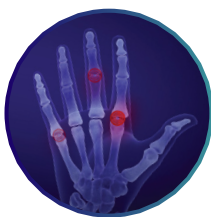
Taking ENBREL for psoriatic arthritis (PsA).  
Your results may vary.

Psoriatic arthritis (PsA)

## How ENBREL can help.

ENBREL is proven to help relieve joint pain, swelling, and help stop irreversible joint damage from getting worse, all while helping skin get clearer. With symptom relief, performing everyday tasks and the activities you love may become less painful.

**BEFORE ENBREL**



**AFTER ENBREL**



**BEFORE ENBREL**



**AFTER ENBREL**



For illustrative purposes only. Example of approximately 50% skin clearance at 6 months. Results may vary.



### Did you know?

About 70% of people with PsA experienced skin symptoms before joint pain and swelling.

## IMPORTANT SAFETY CONSIDERATIONS

ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and other infections that can spread throughout your body. Your healthcare provider should test you for TB before starting ENBREL and should monitor you closely for signs and symptoms of TB during treatment with ENBREL.

## ENBREL can work quickly.

Although everyone who takes ENBREL responds differently, a medical study<sup>1</sup> has shown:

In as early as  
**4 weeks**

**Some people had reduced signs and symptoms (red, scaly patches of skin and joint pain, stiffness, and swelling)**

At  
**6 months**

**Nearly half (47%) of people had at least 50% improvement in skin symptoms**

And at  
**2 years**

**Most people who continued taking ENBREL showed little or no additional joint damage**

Your results may vary.

## TRACK YOUR KEY SYMPTOMS DURING YOUR ENBREL TREATMENT.

If you have PsA, enroll in STATWISE™. Over 12 weeks, simply answer 3 daily text messages about your symptoms, like joint pain, morning joint stiffness and overall arthritis activity.

**LEARN MORE AND SIGN UP AT [TEXTYOURSYMPTOMS.COM](https://textyoursymptoms.com)**



**Reference: 1.** Enbrel® (etanercept) prescribing information, Immunex Corporation, Thousand Oaks, Calif.

Please see additional [Important Safety Information](#) on pages 30-31 and [Prescribing Information](#) and [Medication Guide](#).

## Understanding AS.

### WHAT IS AS?

Normally, your immune system helps protect your body from sickness, but when you have AS, your immune system actually attacks healthy joints and tissues. This inflammation could make you feel pain and stiffness beginning in your lower spine.

### WHO DOES AS AFFECT?

- About **378,000 people** in the United States
- Typically starting **before the age of 30**
- **Mostly men**, but women, too
- Those with a **family history** of AS

### COMMON SYMPTOMS OF AS:



Lower back pain that is worse after rest or sleeping



Morning stiffness and pain in the back, neck, shoulders, or hips



Limited range of motion (stiffness and limited ability to move your joints)



Tiredness

### IMPORTANT SAFETY CONSIDERATIONS

ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and other infections that can spread throughout your body. Your healthcare provider should test you for TB before starting ENBREL and should monitor you closely for signs and symptoms of TB during treatment with ENBREL.



### LIVING WITH AS.

When you live with AS, you know each day brings a new challenge. Whether it's looking over your shoulder in the car or getting up out of a chair at work. So, if your bad days have become your every day, it may be time to talk about other treatment options.

Learn about a treatment that can help you—ENBREL.

Your results may vary.



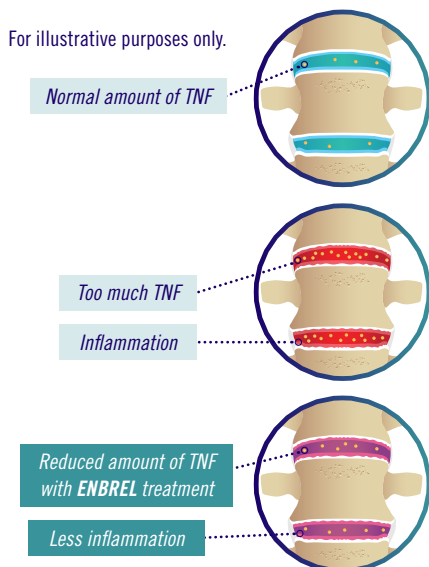
**"Getting out of bed was a 15-minute ordeal. It was painful."**

**Jeff A.**

Taking ENBREL for ankylosing spondylitis (AS).  
Your results may vary.

## How ENBREL can help.

ENBREL is proven to help relieve back pain, swelling, and stiffness from AS by blocking some of the overproduced TNF proteins in your immune system. This can also help improve your range of motion (ability to move your joints).



With symptom relief, performing everyday tasks and the activities you love may become less painful.

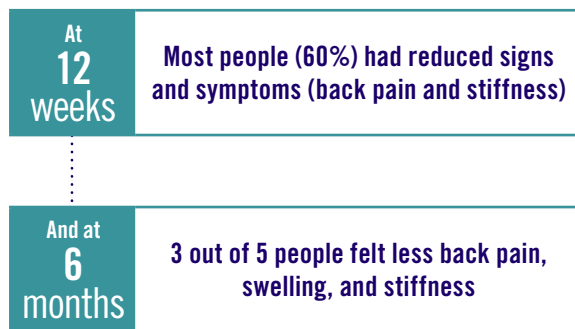


### Did you know?

In 2003, ENBREL was the first biologic medicine approved by the FDA for AS.

## What results could I expect with ENBREL?

Although everyone who takes ENBREL responds differently, a medical study<sup>1</sup> has shown:



Your results may vary.

**Reference:** 1. Enbrel® (etanercept) prescribing information, Immunex Corporation, Thousand Oaks, Calif.

### IMPORTANT SAFETY CONSIDERATIONS

ENBREL may lower your ability to fight infections. Before starting ENBREL, your healthcare provider should test you for tuberculosis and discuss whether you've been to a region where certain fungal infections are common.

Please see additional [Important Safety Information](#) on pages 30-31 and [Prescribing Information](#) and [Medication Guide](#).

## Understanding JIA.

### WHAT IS JIA?

JIA is the most common type of arthritis affecting children. It is a lifelong condition of the immune system. The immune system normally helps protect your child's body from sickness, but when your child has JIA, their immune system actually attacks healthy joints and tissues. Polyarticular JIA affects 5 or more joints, with pain lasting for more than 6 weeks.

### WHO DOES JIA AFFECT?

- Children **under the age of 16\***
- **Girls more frequently** than boys

### COMMON SYMPTOMS OF JIA:



Warm or tender joints



Joint pain or stiffness, particularly in the morning or after resting



Joint swelling

\*ENBREL is for children 2 years of age and older with moderate to severe polyarticular juvenile idiopathic arthritis.

### IMPORTANT SAFETY CONSIDERATIONS

There have been some cases of unusual cancers, some resulting in death, reported in children and teenage patients who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase. Patients with RA may be more likely to get lymphoma.

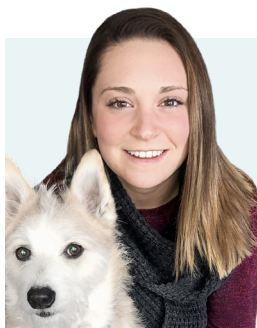


### YOU, YOUR CHILD, AND JIA.

As the parent of a child with JIA, you know each day brings a new challenge for both of you. Your child's pain and stiffness can make it hard for them to do even routine activities, like brushing their teeth, dressing, or playing with friends. So, if their bad days have become their every day, it may be time to talk about other treatment options.

Learn about a treatment that can help your child get back to the things they love—ENBREL.

Your child's results may vary.



**"It hurt to stand up from my chair in class. Now with ENBREL, I'm in less pain."**

**Courtney K.**

Taking ENBREL for moderate to severe polyarticular juvenile idiopathic arthritis (JIA).  
Your child's results may vary.

## How ENBREL can help.

ENBREL is proven to help relieve joint pain, stiffness, and swelling from JIA. With symptom relief, performing the everyday tasks and activities your child loves may become less painful.

BEFORE ENBREL



AFTER ENBREL



For illustrative purposes only. Results may vary.



### Did you know?

ENBREL is injected just once a week, and depending on your child's weight, you and your doctor can select from several injection options.

Learn more about injection options and get tips on injecting on pages 24–29.

## IMPORTANT SAFETY CONSIDERATIONS

ENBREL can cause serious side effects including: New **infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening **psoriasis**; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

## What results could your child expect from ENBREL?

Although everyone who takes ENBREL responds differently, a medical study<sup>1</sup> has shown:

In as early as  
**3**  
months

Nearly 3 out of 4 children had improvement in signs and symptoms (pain, stiffness, and swelling)

At  
**7**  
months

Some of the children who improved at 3 months continued to improve for an additional 4 months while on ENBREL

And at  
**4**  
years

Most children who improved and continued to take ENBREL were able to maintain their improvements

Your child's results may vary.



"After ENBREL, I could carry my books without my wrist aching."

Tori C.

Taking ENBREL for moderate to severe polyarticular juvenile idiopathic arthritis (JIA).  
Your child's results may vary.

**Designed with patients in mind:**  
Enbrel Mini® single-dose prefilled cartridge  
with AutoTouch® reusable autoinjector.



#### ERGONOMIC GRIP DESIGN

Inspired by common household objects and tested by patients

#### ONE-HANDED INJECTION

You don't need to pinch or stretch your skin

#### INJECTION PROGRESS TRACKING

Light and sound cues help track injection status from start to finish

#### SPEED CONTROL

You can choose one of three injection speeds, depending on your comfort level

#### HIDDEN NEEDLE DESIGN

Activates with skin contact

Children must weigh at least 138 lb to use Enbrel Mini®. Children who weigh less than 138 lb should use a different form of ENBREL.

### IMPORTANT SAFETY CONSIDERATIONS

**Common side effects include:** Injection site reactions, upper respiratory infections (sinus infections), and headache. Injection site reactions such as redness, pain, swelling, itching, or bruising have happened. Usually, injection site reactions go away in about three to five days. If your symptoms do not go away or get worse, call your healthcare provider.

## Enbrel Mini® cartridge with AutoTouch® autoinjector

In a usability study where participants practiced a simulated injection, patients and caregivers evaluated **Enbrel Mini® cartridge with AutoTouch® autoinjector** features on a rating scale ranging from strongly agree to strongly disagree.<sup>1</sup>

9 out of 10 participants strongly agreed<sup>1</sup>  
**Enbrel Mini® cartridge with  
AutoTouch® autoinjector**  
was easy to use.

Patients and caregivers strongly agreed:



**100%**  
of participants

I knew when my injection was complete.<sup>1</sup>



**90%**  
of participants

I felt in control of my injection from start to finish.<sup>1</sup>

#### STUDY INFORMATION

In a study to evaluate the use of Enbrel Mini® cartridge with AutoTouch® autoinjector (usability study), 60 participants, half of which had experience with injections and half of which did not (55 adult patients taking medication for RA, PsO, or AS\* plus 5 caregivers), were asked to rate their agreement from 1 (strongly disagree) to 5 (strongly agree)<sup>1</sup>

Each participant was introduced to the product, provided training based on the Instructions for Use (IFU), and given time to review the device and IFU. Participants practiced with a device that did not contain needle, medicine, or fluid<sup>1</sup>

\*AS=Ankylosing spondylitis; PsA=Psoriatic arthritis; PsO=Plaque psoriasis; RA=Rheumatoid Arthritis

Reference: 1. Data on file, Amgen; AutoTouch® reusable autoinjector with Enbrel Mini® single-use cartridge/cassette post launch usability surveillance study report. November 2018. Amgen protocol number 029785.

Before injecting ENBREL, you should be trained by a healthcare professional and you should read the Instructions for Use and Medication Guide.

Talk to your doctor about which injection option is right for you. Please see additional injection options featured on pages 26–27.

Please see additional [Important Safety Information](#) on pages 30–31 and [Prescribing Information](#) and [Medication Guide](#).

## Injection options.



### SureClick® Autoinjector

- Single dose
- Designed so the needle is not seen
- Ease of Use® Commendation from the Arthritis Foundation
- Does not need to be mixed or prepared

Children must weigh at least 138 lb to use ENBREL SureClick® Autoinjector. Children who weigh less than 138 lb should use a different form of ENBREL.

Before injecting ENBREL, you should be trained by a healthcare professional and you should read the Instructions for Use and Medication Guide.

### IMPORTANT SAFETY CONSIDERATIONS

**Common side effects include:** Injection site reactions, upper respiratory infections (sinus infections), and headache. Injection site reactions such as redness, pain, swelling, itching, or bruising have happened. Usually, injection site reactions go away in about three to five days. If your symptoms do not go away or get worse, call your healthcare provider.



### Multiple-use Vial

- Multiple doses
- Manually injected (you control the rate of injection)
- Mixed by hand or vial adapter
- An option for children weighing less than 68 lb



### Prefilled Syringe

- Single dose
- Manually injected (you control the rate of injection)
- Ease of Use® Commendation from the Arthritis Foundation
- Does not need to be mixed or prepared
- 25-mg syringe: for children weighing at least 68 lb (recommended dose 0.8 mg/kg weekly for children less than 138 lb)
- 50-mg syringe: for children weighing 138 lb or more

Please see additional [Important Safety Information](#) on pages 30-31 and [Prescribing Information](#) and [Medication Guide](#).

## Getting comfortable with injections.

Giving yourself an injection is something you can learn, like other things you do regularly. And the injection tips on the following page may be able to help.

It is important to read the Instructions for Use (IFU) that comes with your medication. The IFU covers everything you need to know about how to use ENBREL. **This brochure does not replace the IFU for any ENBREL injection option.**

Please remember to talk to your doctor about which injection option is right for you or if you have any questions.



### Did you know?



**Phosphate-free ENBREL formulation** resulted in statistically significant **lower mean injection site pain** vs the prior formulation.<sup>1\*</sup>

\* Multicenter, randomized, double-blind crossover study in 111 patients assessed injection site pain associated with a phosphate-free etanercept formulation in adult patients with moderate to severe RA and PsA. Eligible patients were randomly assigned to start with the prior or phosphate-free formulation of ENBREL 50 mg QW. Randomization was stratified by disease. Subjects injected the blinded treatment and immediately recorded the associated injection site pain using the visual analogue scale (VAS), from “0, No Pain At All” to “100, Worst Pain Imaginable.” Primary endpoint was change in injection site pain score (results showed reduction in mean injection site pain by a score of 4.0 mm [ $P < 0.05$ ] between prior and phosphate-free formulations as measured by VAS).<sup>1</sup>

QW=once weekly.

**Reference:** 1. Cohen S, Samad A, Karis E, et al. Decreased injection site pain associated with phosphate-free etanercept formulation in rheumatoid arthritis or psoriatic arthritis patients: A randomized controlled trial. *Rheumatol Ther.* 2019;6(2):245-254.

## Tips that may help your injection experience.

- 1 Allow ENBREL to reach room temperature (30 minutes). Before injecting, use ice to numb the area.
- 2 Try injecting in different recommended locations on your body each time.
- 3 Listen to music to help you relax.
- 4 If injecting a child, offer hugs, praise, and rewards, like stickers or small prizes after each injection.
- 5 Inject at the same time each week, like before breakfast on a Monday or after weekly book club on Thursday night, to create a routine that helps you remember to take every injection.

Before injecting ENBREL, you should be trained by a healthcare professional and you should read the Instructions for Use.

**Need additional injection support?**  
Watch demonstration videos at [InjectingEnbrel.com](https://www.injectingenbrel.com)

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about ENBREL?

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

There have been some cases of unusual cancers, some resulting in death, reported in children and teenage patients who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase. Patients with RA may be more likely to get lymphoma.

### Before starting ENBREL, tell your healthcare provider if you:

- Have any existing medical conditions
- Are taking any medicines, including herbals
- Think you have, are being treated for, have signs of, or are prone to infection. You should not start taking ENBREL if you have any kind of infection, unless your healthcare provider says it is okay
- Have any open cuts or sores
- Have diabetes, HIV, or a weak immune system
- Have TB or have been in close contact with someone who has had TB
- Were born in, lived in, or traveled to countries where there is more risk for getting TB. Ask your healthcare provider if you are not sure
- Live, have lived in, or traveled to certain parts of the country (such as, the Ohio and Mississippi River valleys, or the Southwest) where there is a greater risk for certain kinds of fungal infections, such as histoplasmosis. These infections may develop or become more severe if you take ENBREL. If you don't know if these infections are common in the areas you've been to, ask your healthcare provider

- Have or have had hepatitis B
- Have or have had heart failure
- Develop symptoms such as persistent fever, bruising, bleeding, or paleness while taking ENBREL
- Use the medicine Kineret (anakinra), Orencia (abatacept), or Cytoxan (cyclophosphamide)
- Are taking anti-diabetic medicines
- Have, have had, or develop a serious nervous disorder, seizures, any numbness or tingling, or a disease that affects your nervous system such as multiple sclerosis or Guillain-Barré syndrome
- Are scheduled to have surgery
- Have recently received or are scheduled for any vaccines. All vaccines should be brought up-to-date before starting ENBREL. Patients taking ENBREL should not receive live vaccines.
- Are allergic to rubber or latex
- Are pregnant, planning to become pregnant, or breastfeeding
- Have been around someone with chicken pox

### What are the possible side effects of ENBREL?

ENBREL can cause serious side effects including: New **infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening **psoriasis**; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

**Common side effects include:** Injection site reactions and upper respiratory infections (sinus infections). In general, side effects in children were similar in frequency and type as those seen in adult patients. The types of infections reported were generally mild and similar to those usually seen in children.

These are not all the side effects with ENBREL. Tell your healthcare provider about any side effect that bothers you or does not go away.

If you have any questions about this information, be sure to discuss them with your healthcare provider. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

## Once you've been prescribed ENBREL, *ENBREL Support*® is here to help you.

For more than 15 years, we've helped people like you with the personalized support and resources they need for their prescribed ENBREL treatment.

### ***ENBREL Support*® offers financial Assistance And Information.**

- **Co-pay card\***: Eligible commercially insured patients may pay as little as \$5 per refill with the Enbrel® Co-Pay Card.
- **Other Assistance**: Options may be available for those without commercial insurance. Call us to learn more.

### **Have questions about the injection process? We'll give you one-on-one help.**

- **Supplemental support**: After your doctor has trained you on how to take ENBREL, an *ENBREL Nurse Partner*™ can help answer questions and provide supplemental injection support at home or over the phone.†
- **Online videos‡**: Check out helpful demonstration videos at [injectingenbrel.com](http://injectingenbrel.com).
- **Live help**: Call 1-888-4ENBREL (1-888-436-2735) for help from an *ENBREL Nurse Partner*™.†

### **Ready to begin treatment? We can provide a roadmap.**

- **A guided journey**: You'll receive a roadmap that will help you to begin your treatment and establish a routine. If you want a sneak peek, you can download it at [enbrel.com/epr](http://enbrel.com/epr).

\*Terms, conditions, and program maximums apply. See [enbrelsupport.com](http://enbrelsupport.com) for full eligibility details. Other restrictions may apply. This program is not open to patients receiving prescription reimbursement under any federal, state, or government-funded healthcare program. Not valid where prohibited by law.

†*ENBREL Nurse Partners*™ are nurses by training, but they are not part of your treatment team or an extension of your doctor's office. *ENBREL Nurse Partners*™ do not inject patients with ENBREL. You will be referred to your doctor's office for clinical advice.

‡These videos are to supplement the information you got from your doctor on how to take ENBREL. They do not replace the Instructions for Use. Please consult the Instructions for Use when using ENBREL, and ask your doctor if you have any questions.

## Want to get started with *ENBREL Support*®?

It's simple to sign up:

- Call 1-888-4ENBREL
- OR-
- Visit [enbrelsupport.com](http://enbrelsupport.com)

Know when it's us

- **Scan and save**. Simply scan this code with your phone's camera and save us to your contacts so you know when we are calling.



ENBREL Support®

## IMPORTANT SAFETY CONSIDERATIONS

ENBREL works on your immune system and can make it harder to fight infections. Serious infections, like tuberculosis (TB) and infections caused by viruses, fungi, or bacteria, have happened in patients taking ENBREL. Some patients have died from these infections. Your doctor should test you for TB before you take ENBREL. If you start to get an infection while you are taking ENBREL tell your doctor right away. ENBREL can also raise other safety concerns, like lymphoma and other cancers.

Please see additional [Important Safety Information](#) on pages 30-31 and [Prescribing Information](#) and [Medication Guide](#).



*ENBREL Support*® can help lower your monthly out-of-pocket prescription costs.

#### **The Enbrel® Co-Pay Card.**

When you enroll in *ENBREL Support*®, you can apply for the ENBREL Co-Pay Card to help lower your out-of-pocket prescription costs for ENBREL. Eligible commercially insured patients may pay as little as \$5 per refill with the Enbrel® Co-Pay Card. Once approved, your card will be sent in the mail.

Most people who have commercial insurance (insurance you buy on your own or that is provided through your job) are eligible. Other options may be available for those without commercial insurance. Call us to learn more.

Subject to eligibility criteria and limitations.

Terms, conditions, and program maximums apply. Other restrictions may apply. See [enbrelsupport.com](http://enbrelsupport.com) for full eligibility details. This program is not open to patients receiving prescription reimbursement under any federal, state, or government-funded healthcare program. Not valid where prohibited by law.

*ENBREL Support*® Medicare information.

#### **Medicare Assistance.**

Our Specialists can help you better understand your out-of-pocket prescription costs for ENBREL, and help you with next steps based on your specific Medicare Part D plan benefits.

- For questions, contact *ENBREL Support*® at 1-888-4ENBREL (1-888-436-2735)

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**Want to get started with  
*ENBREL Support*®?**

**It's simple to sign up:**

- Call 1-888-4ENBREL
  - OR-
  - Visit [enbrelsupport.com](http://enbrelsupport.com)
-



ENBREL has helped many people.  
Ask your doctor if ENBREL can help you, too.

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**VISIT [ENBREL.COM](https://www.enbrel.com) TODAY  
TO SEE HOW ENBREL CAN HELP YOU.**

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## **IMPORTANT SAFETY CONSIDERATIONS**

Before starting ENBREL, tell your healthcare provider about all of your health conditions, including if you have an infection, have seizures, any numbness or tingling, or a disease that affects your nervous system such as multiple sclerosis; have heart failure, are scheduled to have surgery, and/or are scheduled for any vaccines.

Please see [Important Safety Information](#) on pages 30-31 and [Prescribing Information](#) and [Medication Guide](#).



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