



KNOW PSORIASIS, KNOW YOUR OPTIONS.

Your guide to choosing ENBREL with your doctor.



See what ENBREL can do for you.

15 YEARS*

SINCE FDA APPROVAL

*For adults with chronic moderate to severe plaque psoriasis.

INDICATIONS

Prescription ENBREL is taken by injection.

ENBREL is indicated for chronic moderate to severe plaque psoriasis (PsO) in children 4 years and older and adults who may benefit from taking injections or pills (systemic therapy) or phototherapy (ultraviolet light).

ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in patients with psoriatic arthritis. ENBREL can be used with or without methotrexate.

Please see [Important Safety Information](#) on pages 22–23, and [Prescribing Information](#) and [Medication Guide](#).

Why choose ENBREL?

A LONG HISTORY OF EXPERIENCE.

For 15 years, dermatologists have prescribed ENBREL to help adults with PsO experience clearer skin.

WORKS INSIDE YOUR BODY.

When the immune system isn't working properly, it can lead to inflammation. This inflammation results in signs and symptoms, such as patches of thick, red skin with silvery scales on top. ENBREL works inside your body to block a specific protein that can cause inflammation. Because ENBREL works on the immune system, it can make it harder to fight infections. To learn more, see [Important Safety Information](#) on pages 22–23.

PROVEN TO BE EFFECTIVE.

ENBREL can give you clearer skin that lasts, with proven results through 6 months.

In medical studies,¹ nearly half of adults saw 75% clearance in 3 months. Many adults who saw improvement at 3 months maintained clearance through 6 months. Results may vary.

OFFERS INDIVIDUALIZED SUPPORT.

After you have been prescribed ENBREL by your doctor, *ENBREL Support*® can provide resources and information to help you along the way, at no additional cost to you. Once enrolled, you can request information about financial support options and services, like supplemental injection support.

Learn more about *ENBREL Support*® and how to enroll on pages 16-17.

A NUMBER OF INJECTION OPTIONS.

- Enbrel Mini® single-dose prefilled cartridge with AutoTouch® reusable autoinjector
- SureClick® Autoinjector
- Prefilled syringe
- Multiple-dose vial



Enbrel Mini® cartridge with AutoTouch® autoinjector

Learn more about all of the injection options ENBREL has to offer on pages 10–13.

IMPORTANT SAFETY CONSIDERATIONS

ENBREL works on your immune system and can make it harder to fight infections. Serious infections, like tuberculosis (TB) and infections caused by viruses, fungi, or bacteria, have happened in patients taking ENBREL. Some patients have died from these infections. Your doctor should test you for TB before you take ENBREL. If you start to get an infection while taking ENBREL, tell your doctor right away. ENBREL can also raise other safety concerns, like lymphoma and other cancers.

Please see [Important Safety Information](#) on pages 22–23, and [Prescribing Information](#) and [Medication Guide](#).

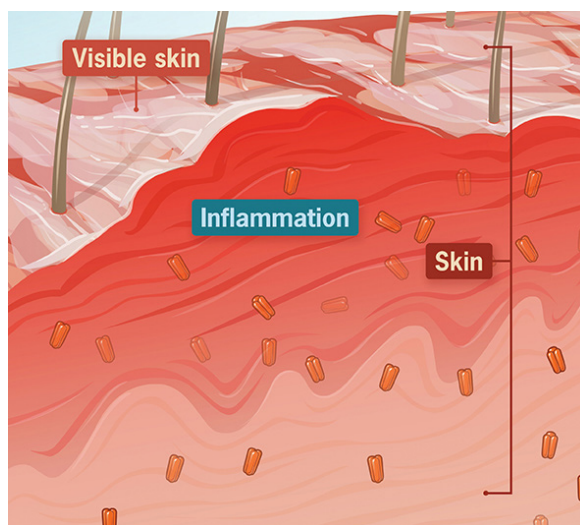
Reference: 1. Enbrel® (etanercept) prescribing information, Immunex Corporation, Thousand Oaks, Calif.

Clearer skin can start from within.

HOW SKIN SYMPTOMS CAN START.

Your immune system protects your body from infections and diseases. But, if it isn't working right, it can actually cause harm to your body. If you have moderate to severe PsO, your body makes too much of a protein called tumor necrosis factor (TNF). TNF can cause inflammation, which contributes to skin cells growing too quickly, causing them to build up. When skin cells build up, they form raised, red patches, known as plaques.

BEFORE ENBREL



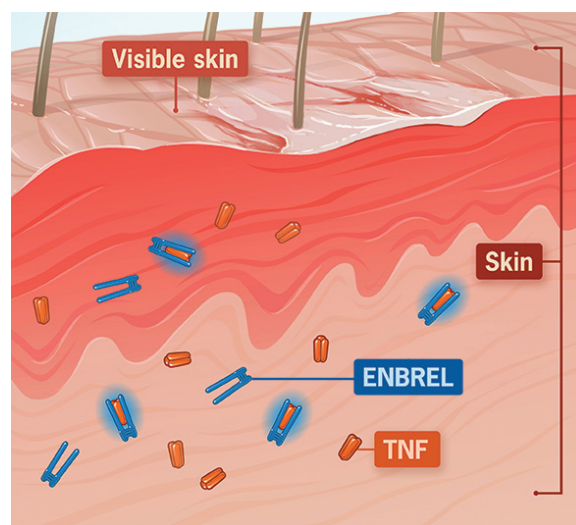
For illustrative purposes only.

HOW ENBREL WORKS.

ENBREL is a type of medicine known as a biologic (a treatment made from living things, like cells) and is designed to attach to TNF proteins to help block their activity. With fewer available TNF proteins, ENBREL can help you have fewer skin symptoms like red, scaly plaques.

Because ENBREL works on your immune system, it can make it harder to fight infections like the flu. If you develop an infection while taking ENBREL, you should consult your physician right away.

AFTER ENBREL



For illustrative purposes only.

Watch the video at UnderstandEnbrel.com

IMPORTANT SAFETY CONSIDERATIONS

ENBREL works on your immune system and can make it harder to fight infections. Serious infections, like tuberculosis (TB) and infections caused by viruses, fungi, or bacteria, have happened in patients taking ENBREL. Some patients have died from these infections. Your doctor should test you for TB before you take ENBREL. If you start to get an infection while you are taking ENBREL, tell your doctor right away. ENBREL can also raise other safety concerns, like lymphoma and other cancers.

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Understanding PsO.

WHAT IS PsO?

Plaque psoriasis, or PsO, the most common form of psoriasis, is a lifelong condition that causes thick, scaly, red skin (plaques). Most skin plaques occur on the elbows, knees, head, or lower back, but they can occur anywhere, including your genitals and scalp. Plaques often occur on both sides of the body, so if you have plaques on one elbow, for example, it's common to have plaques on the other.

WHO DOES PsO AFFECT?

- Men and women, and can appear at any age, but most likely **between 15 and 35 years old**
- Of the about **7.5 million people** in the United States with plaque psoriasis, nearly 25% are considered to have moderate to severe PsO

COMMON SYMPTOMS OF PsO:



Patches of red, thick skin with silvery scales



Flaking skin

Some people with skin plaques also have joint pain. If you have joint and skin symptoms, you may have a related condition called psoriatic arthritis.

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LIVING WITH PsO.

Whether it's wearing long sleeves (even when it's hot out) or questioning that invite to the pool with friends or family, PsO can be frustrating. If you've had it with flaky, red, or thick skin, it may be time to talk about treatment options.

Learn about a treatment that can help skin get clearer*—**ENBREL**.

Your results may vary.



Did you know?

Up to 30% of people with psoriasis develop psoriatic arthritis. If you have the skin symptoms of plaque psoriasis in addition to joint symptoms, please see page 20 for information about psoriatic arthritis.

*In medical studies,¹ nearly half of adult patients with moderate to severe plaque psoriasis saw 75% skin clearance in 3 months.

Reference: 1. Enbrel® (etanercept) prescribing information, Immunex Corporation, Thousand Oaks, Calif.



“Before ENBREL, my plaques covered so much of my body, it affected how I looked in my uniform. That really got to me. Now I'm comfortable wearing short sleeves on the job.”

Bryan S.

Taking ENBREL for adult chronic moderate to severe plaque psoriasis (PsO).

Your results may vary.

Please see [Important Safety Information](#) on pages 22–23, and [Prescribing Information](#) and [Medication Guide](#).

How ENBREL can help.

ENBREL is proven to help relieve plaque thickness, scaling and redness from PsO. With clearer skin,* you could feel more comfortable doing the activities you love.



Did you know?

ENBREL was one of the first biologic treatments approved for PsO.

IMPORTANT SAFETY CONSIDERATIONS

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What results could I expect with ENBREL?

Although everyone who takes ENBREL responds differently, results through 6 months show ENBREL can help you get clearer skin that lasts.*



Before ENBREL
(Example of moderate to severe PsO)



With ENBREL at 3 months
(Example of 50% skin clearance)



With ENBREL at 6 months
(Example of 75% skin clearance)

For illustrative purposes only. Your results may vary.

Talk to your doctor to see if ENBREL is right for you.

*In medical studies,¹ nearly half of adult patients with moderate to severe plaque psoriasis saw 75% skin clearance in 3 months. Overall, nearly 3 out of 4 adult patients saw 50% skin clearance in 3 months. Many adults who saw improvement at 3 months maintained clearance through 6 months. Results may vary.

Reference: 1. Enbrel® (etanercept) prescribing information, Immunex Corporation, Thousand Oaks, Calif.

Please see [Important Safety Information](#) on pages 22–23, and [Prescribing Information](#) and [Medication Guide](#).

Designed with patients in mind:
Enbrel Mini® single-dose prefilled cartridge
with AutoTouch® reusable autoinjector.



ERGONOMIC GRIP DESIGN

Inspired by common household objects and tested by patients

ONE-HANDED INJECTION

You don't need to pinch or stretch your skin

INJECTION PROGRESS TRACKING

Light and sound cues help track injection status from start to finish

SPEED CONTROL

You can choose one of three injection speeds, depending on your comfort level

HIDDEN NEEDLE DESIGN

Activates with skin contact

Children must weigh at least 138 lb to use Enbrel Mini®. Children who weigh less than 138 lb should use a different injection device for ENBREL.

IMPORTANT SAFETY CONSIDERATIONS

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Enbrel Mini® cartridge with AutoTouch® autoinjector

In a usability study where participants practiced a simulated injection, patients and caregivers evaluated **Enbrel Mini® cartridge with AutoTouch® autoinjector** features on a rating scale ranging from strongly agree to strongly disagree.¹

9 out of 10 participants strongly agreed¹

**Enbrel Mini® cartridge with
AutoTouch® autoinjector**
was easy to use.

Patients and caregivers strongly agreed:



100%
of participants I knew when my injection was complete.¹



90%
of participants I felt in control of my injection from start to finish.¹

STUDY INFORMATION

In a study to evaluate the use of Enbrel Mini® cartridge with AutoTouch® autoinjector (usability study), 60 participants, half of which had experience with injections and half of which did not (55 adult patients taking medication for RA, PsO, or AS* plus 5 caregivers), were asked to rate their agreement from 1 (strongly disagree) to 5 (strongly agree)¹

Each participant was introduced to the product, provided training based on the Instructions for Use (IFU), and given time to review the device and IFU. Participants practiced with a device that did not contain needle, medicine, or fluid¹

*AS=Ankylosing spondylitis; PsA=Psoriatic arthritis; PsO=Plaque psoriasis; RA=Rheumatoid Arthritis
ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in patients with moderately to severely active rheumatoid arthritis. ENBREL can be taken with methotrexate or used alone; reducing signs and symptoms of moderately to severely active polyarticular juvenile idiopathic arthritis (JIA) in children ages 2 years and older; for reducing signs and symptoms in patients with active ankylosing spondylitis.

Reference: 1. Data on file, Amgen; AutoTouch® reusable autoinjector with Enbrel Mini® single-use cartridge/cassette post launch usability surveillance study report. November 2018. Amgen protocol number 029785.

Before injecting ENBREL, you should be trained by a healthcare professional and you should read the Instructions for Use and Medication Guide.

Talk to your doctor about which injection option is right for you. Please see additional injection options featured on pages 12–13.

Please see [Important Safety Information](#) on pages 22–23, and [Prescribing Information](#) and [Medication Guide](#).

Injection options.



SureClick® Autoinjector

- Single dose
- Designed so the needle is not seen
- Ease of Use® Commendation from the Arthritis Foundation
- Does not need to be mixed or prepared

Children must weigh at least 138 lb to use ENBREL SureClick® Autoinjector. Children who weigh less than 138 lb should use a different injection device for ENBREL.

Before injecting ENBREL, you should be trained by a healthcare professional and you should read the Instructions for Use and Medication Guide.

IMPORTANT SAFETY CONSIDERATIONS

ENBREL works on your immune system and can make it harder to fight infections. Serious infections, like tuberculosis (TB) and infections caused by viruses, fungi, or bacteria, have happened in patients taking ENBREL. Some patients have died from these infections. Your doctor should test you for TB before you take ENBREL. If you start to get an infection while taking ENBREL, tell your doctor right away. ENBREL can also raise other safety concerns, like lymphoma and other cancers.



Multiple-use Vial

- Multiple doses
- Manually injected (you control the rate of injection)
- Mixed by hand or vial adapter
- An option for children weighing less than 68 lb



Prefilled Syringe

- Single dose
- Manually injected (you control the rate of injection)
- Ease of Use® Commendation from the Arthritis Foundation
- Does not need to be mixed or prepared
- 25-mg syringe: for children weighing at least 68 lb (recommended dose 0.8 mg/kg weekly for children less than 138 lb)
- 50-mg syringe: for children weighing 138 lb or more

Please see [Important Safety Information](#) on pages 22–23, and [Prescribing Information](#) and [Medication Guide](#).

Getting comfortable with injections.

Giving yourself an injection is something you can learn, like other things you do regularly. And the injection tips on the following page may be able to help.

It is important to read the Instructions for Use (IFU) that comes with your medication. The IFU covers everything you need to know about how to use ENBREL. **This brochure does not replace the IFU for any ENBREL injection option.**

Please remember to talk to your doctor about which injection option is right for you or if you have any questions.



Did you know?



Phosphate-free ENBREL formulation resulted in statistically significant **lower mean injection site pain** vs the prior formulation.^{1*}

*Multicenter, randomized, double-blind crossover study in 111 patients assessed injection site pain associated with a phosphate-free etanercept formulation in adult patients with moderate to severe RA and PsA. Eligible patients were randomly assigned to start with the prior or phosphate-free formulation of ENBREL 50 mg QW. Randomization was stratified by disease. Subjects injected the blinded treatment and immediately recorded the associated injection site pain using the visual analogue scale (VAS), from "0, No Pain At All" to "100, Worst Pain Imaginable." Primary endpoint was change in injection site pain score (results showed reduction in mean injection site pain by a score of 4.0 mm [P<0.05] between prior and phosphate-free formulations as measured by VAS).¹

QW=once weekly.

Reference: 1. Cohen S, Samad A, Karis E, et al. Decreased Injection Site Pain Associated with Phosphate-Free Etanercept Formulation in Rheumatoid Arthritis or Psoriatic Arthritis Patients: A Randomized Controlled Trial. *Rheumatol Ther*. 2019;6(2):245-254.

Tips that may help your injection experience.

- 1 Allow ENBREL to reach room temperature (30 minutes). Before injecting, use ice to numb the area.
- 2 Try injecting in different recommended locations on your body each time.
- 3 Listen to music to help you relax.
- 4 Inject at the same time each week, like before breakfast on a Monday or after weekly book club on Thursday night, to create a routine that helps you remember to take every scheduled injection.

Before injecting ENBREL, you should be trained by a healthcare professional and you should read the Instructions for Use.

Need additional injection support?
Watch demonstration videos at [InjectingEnbrel.com](https://www.injectingenbrel.com)

Once you've been prescribed ENBREL, ENBREL Support[®] is here to help you.

For more than 15 years, we've helped people like you with the personalized support and resources they need for their prescribed ENBREL treatment.

ENBREL SUPPORT[®] OFFERS FINANCIAL ASSISTANCE.

- **Co-pay card^{*}:** Eligible commercially insured patients may pay as little as \$5 per refill with the Enbrel[®] Co-Pay Card.
- Options may be available for those without commercial insurance. Call us to learn more.

HAVE QUESTIONS ABOUT THE INJECTION PROCESS? WE'LL GIVE YOU ONE-ON-ONE HELP.

- **Supplemental support:** After your doctor has trained you on how to take ENBREL, an *ENBREL Nurse Partner*[™] can help answer questions and provide supplemental injection support at home or over the phone.[‡]
- **Online videos[‡]:** Check out helpful demonstration videos at injectingenbrel.com.
- **Live help:** Call 1-888-4ENBREL (1-888-436-2735) for help from an *ENBREL Nurse Partner*^{™,†}

READY TO BEGIN TREATMENT? WE CAN PROVIDE A ROADMAP.

- **A guided journey:** You'll receive a roadmap that will help you to begin your treatment and establish a routine. If you want a sneak peek, you can download it at enbrel.com/epr.

^{*}Terms, conditions, and program maximums apply. See enbrelsupport.com for full eligibility details. Other restrictions may apply. This program is not open to patients receiving prescription reimbursement under any federal, state, or government-funded healthcare program. Not valid where prohibited by law.

[†]*ENBREL Nurse Partners*[™] are nurses by training, but they are not part of your treatment team or an extension of your doctor's office. *ENBREL Nurse Partners*[™] do not inject patients with ENBREL. You will be referred to your doctor's office for clinical advice.

[‡]These videos are to supplement the information you got from your doctor on how to take ENBREL. They do not replace the Instructions for Use. Please consult the Instructions for Use when using ENBREL, and ask your doctor if you have any questions.

Want to get started with ENBREL Support[®]?

IT'S SIMPLE TO SIGN UP:

- Call 1-888-4ENBREL
- OR—
- Visit enbrelsupport.com

KNOW WHEN IT'S US:

- **Scan and save.** Simply scan this code with your phone's camera and save us to your contacts so you know when we are calling.



IMPORTANT SAFETY CONSIDERATIONS

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Please see **Important Safety Information** on pages 22–23, and **Prescribing Information** and **Medication Guide**.



ENBREL Support® can help lower your monthly out-of-pocket prescription costs.

The Enbrel® Co-Pay Card

When you enroll in *ENBREL Support®*, you can apply for the ENBREL Co-Pay Card to help lower your out-of-pocket prescription costs for ENBREL. Eligible commercially insured patients may pay as little as \$5 per refill with the Enbrel® Co-Pay Card. Once approved, your card will be sent in the mail.

Most people who have commercial insurance (insurance you buy on your own or that is provided through your job) are eligible. Other options may be available for those without commercial insurance. Call us to learn more.

Subject to eligibility criteria and limitations.

Terms, conditions, and program maximums apply. Other restrictions may apply. See enbrelsupport.com for full eligibility details. This program is not open to patients receiving prescription reimbursement under any federal, state, or government-funded healthcare program. Not valid where prohibited by law.

ENBREL Support® Medicare information.

Medicare Assistance

Our Specialists can help you better understand your out-of-pocket prescription costs for ENBREL, and help you with next steps based on your specific Medicare Part D plan benefits.

- For questions, contact
ENBREL Support® at 1-888-4ENBREL (1-888-436-2735)

Want to get started with *ENBREL Support®*?

IT'S SIMPLE TO SIGN UP:

- Call 1-888-4ENBREL
—OR—
 - Visit enbrelsupport.com
-

Do you have plaque psoriasis and joint pain, stiffness, and swelling?

Talk to your doctor, you may have a condition called psoriatic arthritis.

FOR PATIENTS WITH PSORIATIC ARTHRITIS (PSA), ENBREL CAN TREAT BOTH SKIN AND JOINT SYMPTOMS.

In a medical study:¹

- For some adults, joint symptoms started to improve as early as 4 weeks
- At 6 months, nearly half (47%) of adults had 50% improvement in their skin symptoms
- Most adults taking ENBREL showed little or no additional joint damage after 2 years



Did you know?

Most adults with PsA see skin symptoms first, followed by joint pain years later.



Reference: 1. Enbrel® (etanercept) prescribing information, Immunex Corporation, Thousand Oaks, Calif.

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IMPORTANT SAFETY INFORMATION

What is the most important information I should know about ENBREL?

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

There have been some cases of unusual cancers, some resulting in death, reported in children and teenage patients who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase. Patients with RA may be more likely to get lymphoma.

Before starting ENBREL, tell your healthcare provider if you:

- Have any existing medical conditions
- Are taking any medicines, including herbals
- Think you have, are being treated for, have signs of, or are prone to infection. You should not start taking ENBREL if you have any kind of infection, unless your healthcare provider says it is okay
- Have any open cuts or sores
- Have diabetes, HIV, or a weak immune system
- Have TB or have been in close contact with someone who has had TB
- Were born in, lived in, or traveled to countries where there is more risk for getting TB. Ask your healthcare provider if you are not sure
- Live, have lived in, or traveled to certain parts of the country (such as, the Ohio and Mississippi River valleys, or the Southwest) where there is a greater risk for certain kinds of fungal infections, such as histoplasmosis. These infections may develop or become more severe if you take ENBREL. If you don't know if these infections are common in the areas you've been to, ask your healthcare provider

- Have or have had hepatitis B
- Have or have had heart failure
- Develop symptoms such as persistent fever, bruising, bleeding, or paleness while taking ENBREL
- Use the medicine Kineret (anakinra), Orencia (abatacept), or Cytoxan (cyclophosphamide)
- Are taking anti-diabetic medicines
- Have, have had, or develop a serious nervous disorder, seizures, any numbness or tingling, or a disease that affects your nervous system such as multiple sclerosis or Guillain-Barré syndrome
- Are scheduled to have surgery
- Have recently received or are scheduled for any vaccines. All vaccines should be brought up-to-date before starting ENBREL. Patients taking ENBREL should not receive live vaccines.
- Are allergic to rubber or latex
- Are pregnant, planning to become pregnant, or breastfeeding
- Have been around someone with chicken pox

What are the possible side effects of ENBREL?

ENBREL can cause serious side effects including: New **infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening **psoriasis**; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

Common side effects include: Injection site reactions and upper respiratory infections (sinus infections). In general, side effects in children were similar in frequency and type as those seen in adult patients. The types of infections reported were generally mild and similar to those usually seen in children.

These are not all the side effects with ENBREL. Tell your healthcare provider about any side effect that bothers you or does not go away.

If you have any questions about this information, be sure to discuss them with your healthcare provider. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

For adults with chronic moderate to severe plaque psoriasis (PsO) who may benefit from systemic therapy or phototherapy.

**ENBREL has helped many adults like Laurie.
Ask your doctor if it could help you, too.**



“After ENBREL helped with my psoriasis, I was comfortable wearing a backless dress to my sister’s wedding.”

Laurie M.

Taking ENBREL for adult chronic moderate to severe plaque psoriasis (PsO).

Your results may vary.

15 YEARS*

SINCE FDA APPROVAL

*For adults with chronic moderate to severe plaque psoriasis.

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