Read all instructions in carton before use.

Questions? 1-888-4ENBREL (1-888-436-2735) or visit www.injectingenbrel.com

Wait at least 30 minutes for the autoinjector to come to room temperature before giving your injection.

Pull the white cap straight off only when you are ready to inject. **Do not** leave the white cap off for more than 5 minutes. This can dry out the medicine.

1. Prepare and clean your injection site.
   - Upper arm
   - Stomach area (abdomen)
   - Thigh

2. WHITE CAP
   - Window
   - Expiration date
   - Purple start button
   - Green safety guard (needle inside)

White cap on

Medicine

Turn over to continue
Stretch or pinch your injection site to create a firm surface.

3 Stretch method:

or

Pinch method:

Put the green safety guard (needle inside) on your skin at 90 degrees.

4 Green safety guard (needle inside)

Firmly push down the autoinjector onto your skin until it stops moving.

5 When you are ready to inject, press the purple start button. You will hear a click.

6 Keep pushing down on skin for about 15 seconds.

Window turns from clear to yellow when the injection is done.