

# Quick guide to starting ENBREL

Already have your ENBREL prescription? Or are you still waiting to get one?

**First, enroll in *ENBREL Support*<sup>™</sup> at 1-888-4ENBREL or [EnbrelSupport.com](http://EnbrelSupport.com).**

Then, here's what you need to do:



## Don't have my ENBREL prescription yet

1. **Confirm benefits coverage at 1-888-4ENBREL.**

Find out if you're eligible for the ENBREL Co-pay Card for financial assistance.

Activate your ENBREL Co-pay Card.

Find financial information to fit your situation.

2. **Speak with a live nurse at *ENBREL Support*<sup>™</sup> (1-888-4ENBREL)** for answers to your product questions.

3. **Get a tuberculosis (TB) test** from your specialist or primary care doctor.

4. **Receive your ENBREL prescription** from your healthcare provider.

5. **Fill your ENBREL prescription.**

6. **Get familiar with ENBREL.**  
(See Steps 1 and 2 in the right column.)

## Already have my ENBREL prescription

1. **Practice injecting ENBREL.**

Receive your ENBREL injection training from your healthcare provider.

Watch injection demos at [InjectingEnbrel.com](http://InjectingEnbrel.com).

2. **Call *ENBREL Support*<sup>™</sup> at 1-888-4ENBREL.**  
Find out about financial assistance options.

Speak with a nurse for answers to your product questions.

3. **Properly dispose of your used ENBREL injectables.**

Please see Indications and Important Safety Information on the reverse side.



## What is ENBREL for?

**Rheumatoid arthritis:** ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in patients with moderately to severely active rheumatoid arthritis. ENBREL can be taken with methotrexate or used alone. **Plaque psoriasis:** ENBREL is indicated for chronic moderate to severe plaque psoriasis (PsO) in children 4 years and older and adults who may benefit from taking injections or pills (systemic therapy) or phototherapy (ultraviolet light). **Psoriatic arthritis:** ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in patients with psoriatic arthritis. ENBREL can be used with or without methotrexate. **Juvenile idiopathic arthritis:** ENBREL is indicated for reducing signs and symptoms of moderately to severely active polyarticular juvenile idiopathic arthritis (JIA) in children ages 2 years and older. **Ankylosing spondylitis:** ENBREL is indicated for reducing signs and symptoms in patients with active ankylosing spondylitis.

**Prescription Enbrel® (etanercept) is taken (given) by injection.**

### IMPORTANT SAFETY INFORMATION

#### What is the most important information I should know about ENBREL?

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

There have been some cases of unusual cancers, some resulting in death, reported in children and teenage patients who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase. Patients with RA may be more likely to get lymphoma.

#### Before starting ENBREL, tell your healthcare provider if you:

- Have any existing medical conditions
- Are taking any medicines, including herbals
- Think you have, are being treated for, have signs of, or are prone to infection. You should not start taking ENBREL if you have any kind of infection, unless your healthcare provider says it is okay
- Have any open cuts or sores
- Have diabetes, HIV, or a weak immune system
- Have TB or have been in close contact with someone who has had TB
- Were born in, lived in, or traveled to countries where there is more risk for getting TB. Ask your healthcare provider if you are not sure
- Live, have lived in, or traveled to certain parts of the country (such as, the Ohio and Mississippi River valleys, or the Southwest) where there is a greater risk for certain kinds of fungal infections, such as histoplasmosis. These infections may develop or become more

severe if you take ENBREL. If you don't know if these infections are common in the areas you've been to, ask your healthcare provider

- Have or have had hepatitis B
- Have or have had heart failure
- Develop symptoms such as persistent fever, bruising, bleeding, or paleness while taking ENBREL
- Use the medicine Kineret® (anakinra), Orencia® (abatacept), or Cytoxan® (cyclophosphamide)
- Are taking anti-diabetic medicines
- Have, have had, or develop a serious nervous disorder, seizures, any numbness or tingling, or a disease that affects your nervous system such as multiple sclerosis or Guillain-Barré syndrome
- Are scheduled to have surgery
- Have recently received or are scheduled for any vaccines. All vaccines should be brought up-to-date before starting ENBREL. Patients taking ENBREL should not receive live vaccines.
- Are allergic to rubber or latex
- Are pregnant, planning to become pregnant, or breastfeeding
- Have been around someone with chicken pox

#### What are the possible side effects of ENBREL?

ENBREL can cause serious side effects including: **New infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening **psoriasis**; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

**Common side effects include:** Injection site reactions and upper respiratory infections (sinus infections).

In general, side effects in children were similar in frequency and type as those seen in adult patients. The types of infections reported were generally mild and similar to those usually seen in children.

These are not all the side effects with ENBREL. Tell your healthcare provider about any side effect that bothers you or does not go away.

If you have any questions about this information, be sure to discuss them with your healthcare provider. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see the [Prescribing Information and Medication Guide](#).

**AMGEN**®

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