

# ENBREL PATIENT ROADMAP

For use after you and your doctor have chosen ENBREL



MUST-DO'S

## 1 GETTING STARTED WITH ENBREL

- Complete the labs ordered by your doctor
- Ask your doctor what you could expect ENBREL to do for you and when you should start to see results
- Complete in-office injection training. You can also [click here](#) to learn more about taking ENBREL
- Create a care team list (e.g., your doctor, the specialty pharmacy that supplies your ENBREL)

## 2 ADDRESSING YOUR FINANCIAL SUPPORT

- Call *ENBREL Support*<sup>®</sup> at **1-888-4ENBREL** or [click here](#) to learn about financial support options
- Commercially insured? Ask *ENBREL Support*<sup>®</sup> how the ENBREL Co-Pay Card\* may be able to help lower your out-of-pocket prescription costs. [Click here](#) to learn more about the ENBREL Co-Pay Card
- Medicare, Medicaid, or no insurance? Call 1-888-4ENBREL to speak to an *ENBREL Support*<sup>®</sup> specialist

## 3 UNDERSTANDING HOW TO GET YOUR ENBREL

- If you have an ENBREL Co-Pay Card,\* tell your specialty pharmacy when they call
- Schedule your ENBREL delivery for when you are home, and store your ENBREL in the refrigerator when it arrives

## 4 ESTABLISHING YOUR TREATMENT ROUTINE

- Set up injection reminders on your calendar
- Set up refill reminders on your calendar
- Decide how you will monitor and track your results to share with your doctor at your next visit

## 5 INJECTING ON YOUR OWN

- Read and follow the instructions for use to complete your injection. For supplemental injection training, [click here](#) or call **1-888-4ENBREL**
- Dispose of materials properly
- Confirm your next injection date

## 6 EVALUATE YOUR ENBREL TREATMENT

- Track your results and share them with your doctor

### Behind the scenes

Specialty pharmacy is notified of your prescription by your doctor and they work with your insurance provider to confirm coverage and prescription costs

If eligible, your Co-Pay Card\* is shipped to you by ENBREL. Assume 3-4 days for your card to arrive

If you have an ENBREL Co-Pay Card,\* your benefit is applied automatically  
ENBREL is shipped to you by your specialty pharmacy

**Notes**



### Helpful tips

Create a list of additional resources (e.g., friends, family, *ENBREL Support*<sup>®</sup>)

### Call 1-888-4ENBREL

for questions about **financial support, getting your doctor-prescribed ENBREL, setting up your routine, and supplemental injection training**



Please click here for [Prescribing Information](#) and [Medication Guide](#)

\*Terms, conditions, and program maximums apply. This program is not open to patients receiving prescription reimbursement under any federal, state, or government-funded healthcare program. Void where prohibited by law.