

## Demonstration Video: Injecting with the Prefilled Syringe

### VO:

**LISA (to camera):** Here for the ENBREL prefilled syringe demo video? Hang tight. Your video will start right after this brief safety message.

### INDICATIONS:

Prescription Enbrel® (etanercept) pre-filled syringe.

The video you are about to see is intended to provide you with an overview and basic information about ENBREL pre-filled syringe.

This video is not a comprehensive review of ENBREL pre-filled syringe and does not replace the Instructions for Use. Please review with your healthcare provider the Patient Instructions for Use included with ENBREL single dose pre-filled syringe.

Be sure to talk to your healthcare provider about any questions or concerns you may have about the ENBREL prefilled syringe. The Important Safety Information, including Boxed Warning for ENBREL, will be discussed later in this video.

ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in patients with moderately to severely active rheumatoid arthritis. ENBREL can be taken with methotrexate or used alone.

ENBREL is indicated for reducing signs and symptoms of moderately to severely active polyarticular juvenile idiopathic arthritis (pJIA) in children 2 years of age or older.

ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in adult patients with psoriatic arthritis. ENBREL can be used with or without methotrexate.

ENBREL is indicated for reducing signs and symptoms in patients with active ankylosing spondylitis (AS).

ENBREL is indicated for chronic moderate to severe plaque psoriasis (PsO) in children 4 years of age or older and adults who may benefit from taking injections or pills (systemic therapy) or phototherapy (ultraviolet light).

ENBREL is indicated for active juvenile psoriatic arthritis (JPSA) in children 2 years of age or older.

Individual results may vary. Talk to your doctor about the possible risks and benefits of ENBREL. Please see Important Safety Considerations later in this video and the Important Safety Information, including Boxed Warning, on this webpage. Please also see the full Prescribing Information and Medication Guide available on this website.

**LISA (to camera):** Hi, I'm Lisa. I'm an ENBREL® Nurse Partner.

**MARY (to camera):** And I'm Mary.

**LISA (to camera):** So today, I'll be showing Mary – and everyone watching this video – how to use the ENBREL prefilled syringe. Think of this as supplemental support to the training you received at your doctor's office. Now before we get started, there's a few things to go over.

**LISA:** When you received your ENBREL, it should have come with this it's called an Instructions For Use.

**MARY:** Got it right here.

**LISA:** Perfect.

**MARY:** A nurse at my doctor's office took me through it when she trained me. And I read it again before you showed up.

**LISA:** Don't lose it. It contains everything you need to know about injecting with the prefilled syringe. Review it before each injection. It can also answer a lot of questions you may have later.

**MARY:** I'll put it somewhere safe.

**LISA:** Great. Ready?

**MARY:** Ready.

**LISA (to camera):** Ready?

**LISA:** I think they're ready.

**MARY:** Let's do it.

**LISA (to camera):** So, right off the bat, the prefilled syringe comes in 2 doses, 50 milligrams and 25 milligrams. Which dose you'll use depends on what your doctor prescribed. Which do you have, Mary?

**MARY:** I have 50 milligrams.

**LISA (to camera):** Mary only needs one syringe today, but some people at home may need to use two 25-milligram syringes. The injection steps are the same. Your doctor will let you know whether to take them both on the same day or on two different days in the same week.

**MARY (to camera):** Make sure to follow your doctor's instruction.

**LISA (to camera):** That's right. So, where's your ENBREL now?

**MARY:** In my fridge. I put it in there right after I got it.

**LISA:** Great. Let's grab one.

**MARY:** I keep it on the top shelf, in the back, behind the leftovers I never eat.

**LISA:** Best place for it. You want to make sure kids can't get to it. Couple of other things to keep in mind never freeze ENBREL or store it in extreme heat or cold. Don't shake it, it's already mixed. And always keep it in its original carton. This protects the medicine from light or physical damage.

**MARY:** Oh, I didn't know that.

**LISA:** Take one out. But leave the rest in there until you're ready to use them. Now put it somewhere high up, like over there. Anywhere kids and pets can't get to it.

**MARY:** I take it we're not injecting just yet.

**LISA (to camera):** Nope. It's best to let your ENBREL slowly warm up to room temperature before you use it. It can make the injection more comfortable.

**MARY:** How long does that take?

**LISA:** Give it about 30 minutes.

**MARY:** I have a question... so the instructions say I should keep the medicine refrigerated until I'm ready to use it. But what if I go on vacation? I can't lug the refrigerator along with me. So, what do I do then?

**LISA:** Take your ENBREL with you, of course. Once ENBREL warms up to room temperature, it can stay like that for up to 30 days. Just pack it in your carry-on and go do you. You want to keep taking your ENBREL on schedule.

**MARY (to camera):** Well, that solves that problem.

**LISA (to camera):** But remember, once ENBREL has reached room temperature, don't put it back in the fridge.

**MARY:** Got it. Looks like we have another 25 minutes to go. How about we just fast forward ahead?

**LISA:** Let's. OK...first things first...wash your hands. Then get your ENBREL down.

**MARY:** On it.

**LISA (to camera):** There are three things you need to always check before injecting. Make sure your medicine hasn't expired. You'll find the expiration date on the syringe...there.

**MARY:** Still good.

**LISA:** Make sure the needle cover is securely attached.

**MARY:** On tight.

**LISA:** Now, take a look at the liquid inside. It should be clear. Sometimes you might see some tiny white particles. That's OK. If the liquid ever looks cloudy, discolored, or has large particles – don't use it. Call your doctor or you can call 1-888-4ENBREL for a replacement. And if you're ever unsure, give ENBREL® SupportPlus a call. They will be happy to help you. There are a couple of other things you'll need handy before you start. Alcohol wipes, some cotton balls, a bandage, and a sharps container.

**MARY:** Got them all right here.

**LISA:** Now let's check the syringe for bubbles. Pick it up and hold it with the needle pointing down. If there are any bubbles, give the syringe a gentle flick or two to get them to rise to the top.

**MARY:** And up they go.

**LISA:** Then, turn the syringe around until you see two purple lines. As long as the liquid falls between them, the syringe has the right amount of ENBREL in it.

**MARY:** Right where it should be.

**LISA:** There are 3 different places where you can inject. And you should use a different spot each time. You can do the front of either thigh, in the middle; your stomach, as long as you stay two inches away from your belly button; or the back of your upper arms, but someone else should do that injection for you.

**LISA (to camera):** I know this is a lot to remember! Refer back to your Instructions for Use if you have any questions. Everything is listed in there. Or you can call your doctor. Where would you like to do it today?

**MARY:** My thigh.

**LISA:** To start, use an alcohol wipe to clean the injection area. Now let it dry. And don't touch that spot again until you're ready to go.

**MARY:** OK. Letting it dry.

**LISA:** Once it's dry, grab the syringe by the barrel with one hand and pull the needle cover straight off with the other. Be careful not to touch or bump the plunger. You don't want to accidentally lose any medicine.

**MARY:** OK. I'll be careful.

**LISA:** Right before you inject, check for bubbles again. But this time, hold the needle pointing up. If there are bubbles, like before, give it a very gentle tap 'til they rise to the top. To get that air out, slowly push the plunger up until it's gone.

**MARY:** Just like in the movies.

**LISA:** So now we're ready to go. You'll want to pinch your skin gently. Just like that. At a 45-degree angle, quickly and firmly insert the needle into the skin. Once it's all the way in, stop pinching your skin. With your free hand, hold the base of the syringe to keep it steady. Slowly push the plunger all the way down. Yup, just like that. Take your time, there's no rush.

**MARY:** OK, it's all the way down.

**LISA:** When the syringe is empty, remove it at the same angle and put it right in that sharps container. There's no medicine in the syringe anymore, but there's still a needle. You don't want that in your trash or recycling. And if you need to, use a cotton ball to dab the injection spot.

**MARY:** I'll use a bandage too, just in case. New outfit.

**LISA:** If for any reason you think you didn't receive your full dose, call your doctor right away.

**MARY:** So, that's it?

**LISA:** That's it.

**MARY:** Thank you so much, LISA. This was super helpful. Hopefully everyone watching feels the same way.

**LISA:** Awww. Thanks, Mary.

## **IMPORTANT SAFETY INFORMATION**

### **What is the most important information I should know about ENBREL?**

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

There have been some cases of unusual cancers, some resulting in death, reported in children and teenagers who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase. Patients with RA may be more likely to get lymphoma.

### **Before starting ENBREL, tell your healthcare provider if you:**

- Have any existing medical conditions
- Are taking any medicines, including herbals

- Think you have, are being treated for, have signs of, or are prone to infection. You should not start taking ENBREL if you have any kind of infection, unless your healthcare provider says it is okay
- Have any open cuts or sores
- Have diabetes, HIV, or a weak immune system
- Have TB or have been in close contact with someone who has had TB
- Were born in, lived in, or traveled to countries where there is more risk for getting TB. Ask your healthcare provider if you are not sure
- Live, have lived in, or traveled to certain parts of the country (such as, the Ohio and Mississippi River valleys, or the Southwest) where there is a greater risk for certain kinds of fungal infections, such as histoplasmosis. These infections may develop or become more severe if you take ENBREL. If you don't know if these infections are common in the areas you've been to, ask your healthcare provider
- Have or have had hepatitis B
- Have or have had heart failure
- Develop symptoms such as persistent fever, bruising, bleeding, or paleness while taking ENBREL
- Use the medicine Kineret (anakinra), Orencia (abatacept), or Cytosan (cyclophosphamide)
- Are taking anti-diabetic medicines
- Have, have had, or develop a serious nervous disorder, seizures, any numbness or tingling, or a disease that affects your nervous system such as multiple sclerosis or Guillain-Barré syndrome
- Are scheduled to have surgery
- Have recently received or are scheduled for any vaccines. All vaccines should be brought up-to-date before starting ENBREL. Patients taking ENBREL should not receive live vaccines
- Are pregnant, planning to become pregnant, or breastfeeding
- Have been around someone with chicken pox

### **What are the possible side effects of ENBREL?**

ENBREL can cause serious side effects including: New **infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening psoriasis; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

**Common side effects include:** Injection site reactions and upper respiratory infections (sinus infections).

In general, side effects in children were similar in frequency and type as those seen in adult patients. The types of infections reported were generally mild and similar to those usually seen in children.

These are not all the side effects with ENBREL. Tell your healthcare provider about any side effect that bothers you or does not go away.

If you have any questions about this information, be sure to discuss them with your healthcare provider. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see [Prescribing Information](#) and [Medication Guide](#) available on this website.



Manufactured by Immunex Corporation

Marketed by Amgen, Inc.

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