

Demonstration Video: Injecting with the AutoTouch® Autoinjector

Intro Super:

Welcome to the Injection Demonstration Video for all AutoTouch® autoinjectors including the ENBREL Mini® cartridge with AutoTouch® Autoinjector and with AutoTouch Connect® Autoinjector.

The AutoTouch® autoinjector and the AutoTouch Connect® autoinjector are the same autoinjector device and use the same ENBREL Mini® cartridges.

Prescription Enbrel® (etanercept) is taken or given by injection.

The video you're about to see is intended to provide you with an overview and basic information about all AutoTouch® autoinjectors. This video is not a comprehensive review of all AutoTouch® autoinjectors and does not replace the Instructions for Use. Please review with your healthcare provider the Patient Instructions for Use included with all AutoTouch® autoinjectors. Be sure to talk to your healthcare provider about any questions or concerns you may have about your AutoTouch® autoinjector.

The Important Safety Information, including Boxed Warning for Enbrel®, will be discussed later in this video.

INDICATIONS:

ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in patients with moderately to severely active rheumatoid arthritis. ENBREL can be taken with methotrexate or used alone.

ENBREL is indicated for reducing signs and symptoms of moderately to severely active polyarticular juvenile idiopathic arthritis (pJIA) in children 2 years of age or older.

ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in adult patients with psoriatic arthritis. ENBREL can be used with or without methotrexate.

ENBREL is indicated for active juvenile psoriatic arthritis (JPsA) in children 2 years of age or older.

ENBREL is indicated for reducing signs and symptoms in patients with active ankylosing spondylitis.

ENBREL is indicated for chronic moderate to severe plaque psoriasis (PsO) in children 4 years of age or older and adults who may benefit from taking injections or pills (systemic therapy) or phototherapy (ultraviolet light).

Individual results may vary. Talk to your doctor about the possible risks and benefits of ENBREL.

Please see Important Safety Considerations later in this video and the Important Safety Information, including Boxed Warning, on this webpage. Please also see the full Prescribing Information and Medication Guide available on this website.

VO: Before starting ENBREL, tell your doctor if you think you have an infection, or if you have a fever, cough, flu-like symptoms, or an open sore.

You should not start taking ENBREL if you have any kind of infection unless your healthcare provider says it is okay.

You should not use or inject yourself unless your healthcare provider has shown you how. It is important that you read and understand the Instructions for Use that are also included with your ENBREL medication packaging. If someone else is giving you the injection, he or she should also be trained with the Instructions for Use first.

Remember, if at any time you're unsure how to use ENBREL Mini[®] with AutoTouch[®], contact your doctor or call 1-888-4ENBREL.

TALENT 1: Hi there, in this video we're going to provide you with some helpful information about ENBREL Mini[®] with AutoTouch[®] and highlight some of its features. I'll also show a demonstration of how I inject myself.

TALENT 4: My doctor prescribed ENBREL for me, and my nurse showed me how to inject.

TALENT 2: My doctor's nurse also told me that it's very important that before I inject myself for the first time, I read and understand the Instructions for Use, or IFU for short, included with my medication. Spending the time to read through these instructions before injecting, especially for the first time is very important, as it may reduce errors or mistakes.

TALENT 3: To have the best injection experience, I first make sure I become familiar with the AutoTouch[®] features, then I follow these four steps: prepare, get ready, inject, and finish. Now, each of these steps is clearly laid out in the IFU.

TALENT 1: There's also a troubleshooting section if I need information on what to do if something goes wrong.

TALENT 4: ENBREL Mini[®] with AutoTouch[®] is a reusable autoinjector, and it includes two parts: AutoTouch[®], which is the reusable autoinjector, and ENBREL Mini[®], a small, disposable, single-dose, prefilled cartridge that contains medication.

TALENT 3: ENBREL Mini® with AutoTouch® was designed with patients in mind, with a comfortable gray finger grip and an easy-to-press status button on top. I push the status button when I'm ready to give myself an injection.

TALENT 1: Another nice feature about the AutoTouch® is that the design makes it so the needle is not seen throughout the injection process.

TALENT 2: The progress bar on the AutoTouch® helps me keep track of the injection process. When the lights on this bar are gone, it indicates that the medication has been delivered.

TALENT 3: A couple of other features are the sound switch and the injection speed switch, which let me choose what's best for me.

TALENT 1: To turn the sounds off, I just slide the sound switch up to see the red bar, which lets me know that AutoTouch® is muted.

TALENT 2: The speed switch lets me choose an injection speed that I find most comfortable. For a faster injection, I slide the switch up towards the plus sign. For a slower injection, I slide down towards the minus, and for something in between, I just leave the switch in the middle.

TALENT 1: Okay. So now I'm going to demonstrate how I give myself an injection. To start the injection process, the first thing I need to do is take my ENBREL medication out of the fridge. I remove one ENBREL Mini® from the fridge and let it come to room temperature. The IFU recommends leaving it at room temperature for at least 30 minutes, so that's what I do. If the medication is still cold, it may be uncomfortable. Typically, I like to use this time to go for a walk.

TALENT 5: Ready?

TALENT 1: Yeah.

TALENT 5: Let's do it. Come on, Zoey. C'mon. Good girl.

TALENT 4: After 30 minutes, I take my AutoTouch® out of a dry, safe place where I've stored it. Keep in mind that AutoTouch® shouldn't be stored in the fridge.

TALENT 1: Then, I get all of my supplies ready and wash my hands thoroughly as described in the IFU.

TALENT 1: I choose an injection site and clean it as mentioned in the IFU. Today, I'm going to use my thigh.

TALENT 2: I can also choose my abdominal area, or if someone is giving me the injection, the outer area of my upper arm. Check the IFU if you're not sure where to inject.

TALENT 3: I'm almost ready to inject. I press the door button to open the door to the AutoTouch®, and then slide in ENBREL Mini®. Remember, label side out, purple cap down.

TALENT 1: It's important to insert the ENBREL Mini® cartridge correctly. Otherwise, it won't slide in.

TALENT 3: Once ENBREL Mini® is in, all I have to do is close the door.

TALENT 4: I hold the AutoTouch® with my fingers wrapped around the gray finger grip. Then, I pull the purple protective cap straight down and off. I place the AutoTouch® on my skin and hold it there. There's no need to stretch or pinch my skin. The green status button and chime sound let me know that I'm ready.

TALENT 1: I press and release the green status button.

TALENT 4: I'm very careful not to lift the AutoTouch® off my skin until I know that the injection is complete. I can see the progress on the display facing me and the green status light continuing to flash. I keep holding AutoTouch® straight and steady.

TALENT 1: I continue to hold AutoTouch® on my skin until the green light turns off and I hear a chime letting me know that my injection is now complete.

TALENT 4: Then I lift the AutoTouch® off my skin, and the door will open automatically. I slide the empty ENBREL Mini® out and dispose of it in an FDA-cleared sharps disposal container.

TALENT 2: Now, I clean the AutoTouch® and put it back in a safe, dry place. The AutoTouch® can be reused for multiple injections. It typically lasts for up to 2 years, or 130 cycles, from the first injection.

TALENT 4: The ENBREL Mini® cartridges are not reusable. I use a new one every time I need to inject. I'm done. Another helpful hint, if at anytime during the injection process you hear an alarm sound, or the status button turns red, please go to the Instructions for Use.

TALENT 2: If you need further assistance, please call your doctor or 1-888-4ENBREL.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about ENBREL?

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your

healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

There have been some cases of unusual cancers, some resulting in death, reported in children and teenagers who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase. Patients with RA may be more likely to get lymphoma.

Before starting ENBREL, tell your healthcare provider if you:

- Have any existing medical conditions
- Are taking any medicines, including herbals
- Think you have, are being treated for, have signs of, or are prone to infection. You should not start taking ENBREL if you have any kind of infection, unless your healthcare provider says it is okay
- Have any open cuts or sores
- Have diabetes, HIV, or a weak immune system
- Have TB or have been in close contact with someone who has had TB
- Were born in, lived in, or traveled to countries where there is more risk for getting TB. Ask your healthcare provider if you are not sure
- Live, have lived in, or traveled to certain parts of the country (such as, the Ohio and Mississippi River valleys, or the Southwest) where there is a greater risk for certain kinds of fungal infections, such as histoplasmosis. These infections may develop or become more severe if you take ENBREL. If you don't know if these infections are common in the areas you've been to, ask your healthcare provider
- Have or have had hepatitis B
- Have or have had heart failure
- Develop symptoms such as persistent fever, bruising, bleeding, or paleness while taking ENBREL
- Use the medicine Kineret (anakinra), Orencia (abatacept), or Cytosan (cyclophosphamide)
- Are taking anti-diabetic medicines
- Have, have had, or develop a serious nervous disorder, seizures, any numbness or tingling, or a disease that affects your nervous system such as multiple sclerosis or Guillain-Barré syndrome
- Are scheduled to have surgery
- Have recently received or are scheduled for any vaccines. All vaccines should be brought up-to-date before starting ENBREL. Patients taking ENBREL should not receive live vaccines
- Are pregnant, planning to become pregnant, or breastfeeding
- Have been around someone with chicken pox

What are the possible side effects of ENBREL?

ENBREL can cause serious side effects including: New **infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening psoriasis; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

Common side effects include: Injection site reactions and upper respiratory infections (sinus infections).

In general, side effects in children were similar in frequency and type as those seen in adult patients. The types of infections reported were generally mild and similar to those usually seen in children.

These are not all the side effects with ENBREL. Tell your healthcare provider about any side effect that bothers you or does not go away.

If you have any questions about this information, be sure to discuss them with your healthcare provider. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see [Prescribing Information](#) and [Medication Guide](#) available on this website.

TALENT 1: Remember these five things every time you inject: prepare and clean your injection site.

TALENT 2: Hold the ENBREL Mini® single-use cartridge with labeled side facing out and slide into door. Remove purple cap.

TALENT 4: Place and hold AutoTouch® on skin and wait for the status button to turn green.

TALENT 3: To start an injection, press and release the green status button.

TALENT 1: Injection is finished when you hear a chime and all the lights are turned off. Thanks for watching.



Manufactured by Immunex Corporation

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