

Date: \_\_\_\_\_ Physician: \_\_\_\_\_



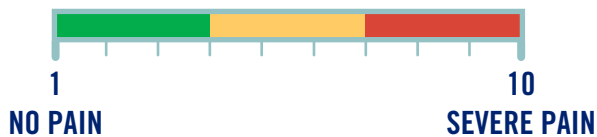
## ENBREL Discussion Guide

# Show your doctor how moderate to severe RA affects you

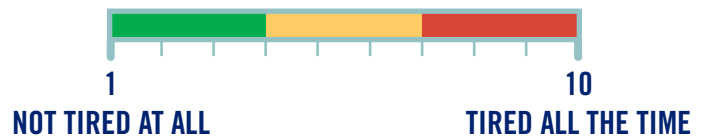
Your joint pain could actually be a sign of joint damage. And that damage is irreversible and can't be undone. If joint pain, swelling, and stiffness are making it difficult for you to do everyday things, your doctor needs to know so that you can work together to make the right decisions about your treatment.

**Think about your symptoms over the past week or two.**

Rate your **joint pain** on your **best** and **worst** day.



Rate your **level of fatigue** on your **best** and **worst** day.



**For how long did morning stiffness last on your best and worst day?**

1 hour



2 hours



3 hours



4 hours



5+ hours



|           |                          |                          |                          |                          |                          |
|-----------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Best day  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Worst day | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

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**INDICATION:** ENBREL is indicated for reducing signs and symptoms, keeping joint damage from getting worse, and improving physical function in patients with moderately to severely active rheumatoid arthritis. ENBREL can be taken with methotrexate or used alone.

### IMPORTANT SAFETY INFORMATION

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

Please see Important Safety Information on page 4.



**In the past 2-3 weeks, which did you have more of?**

|                                    |   |
|------------------------------------|---|
| Good days <input type="checkbox"/> | Not-so-good days <input type="checkbox"/> |
|------------------------------------|---|

**Have your symptoms made it hard to do any of these everyday tasks?**

|  |     |    |        |
|--|-----|----|--------|
| Dress yourself (including tying shoelaces and buttoning clothes) | Yes | No | Unsure |
| Run errands or go shopping                                       | Yes | No | Unsure |
| Cut food   | Yes | No | Unsure |
| Get in and out of bed  | Yes | No | Unsure |
| Walk up steps  | Yes | No | Unsure |

**Describe how your symptoms affect your daily activities.**

Which other everyday tasks (like opening jars, picking up clothes, or bathing/showering) have become more difficult for you?

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Which of your favorite activities or hobbies are no longer possible (like jogging or spending time with friends and family)?

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**Please see Important Safety Information on page 4.**

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**i** Did you know?

Based on a medical study:

- **Adding ENBREL** to MTX can help you live with **less pain, swelling, and stiffness**
- ENBREL alone or with MTX can **help stop further joint damage** and is proven to do better than MTX alone. More than half of people still taking ENBREL after 5 years had **no further joint damage**



**ENBREL has been prescribed by doctors for over 18 years.**

**IMPORTANT SAFETY INFORMATION**

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## Talk to your doctor about ENBREL

1. Is my current treatment plan doing enough to help stop further joint damage?
2. Can adding ENBREL help to better relieve my joint pain and help stop further damage to my joints?
3. It's been proven that ENBREL helps stop further joint damage. Could it do that for me?

**Add other questions:**

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Prescription Enbrel® (etanercept) is taken (given) by injection.

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about ENBREL?

ENBREL is a medicine that affects your immune system. ENBREL can lower the ability of your immune system to fight infections. Serious infections have happened in patients taking ENBREL. These infections include tuberculosis (TB) and infections caused by viruses, fungi, or bacteria that have spread throughout the body. Some patients have died from these infections. Your healthcare provider should test you for TB before you take ENBREL and monitor you closely for TB before, during, and after ENBREL treatment, even if you have tested negative for TB.

There have been some cases of unusual cancers, some resulting in death, reported in children and teenage patients who started using tumor necrosis factor (TNF) blockers before 18 years of age. Also, for children, teenagers, and adults taking TNF blockers, including ENBREL, the chances of getting lymphoma or other cancers may increase. Patients with RA may be more likely to get lymphoma.

### Before starting ENBREL, tell your healthcare provider if you:

- Have any existing medical conditions
- Are taking any medicines, including herbals
- Think you have, are being treated for, have signs of, or are prone to infection. You should not start taking ENBREL if you have any kind of infection, unless your healthcare provider says it is okay
- Have any open cuts or sores
- Have diabetes, HIV, or a weak immune system
- Have TB or have been in close contact with someone who has had TB
- Were born in, lived in, or traveled to countries where there is more risk for getting TB. Ask your healthcare provider if you are not sure
- Live, have lived in, or traveled to certain parts of the country (such as, the Ohio and Mississippi River valleys, or the Southwest) where there is a greater risk for certain kinds of fungal infections, such as histoplasmosis. These infections may develop or become more severe if you take ENBREL. If you don't know if these infections are common in the areas you've been to, ask your healthcare provider
- Have or have had hepatitis B

- Have or have had heart failure
- Develop symptoms such as persistent fever, bruising, bleeding, or paleness while taking ENBREL
- Use the medicine Kineret (anakinra), Orencia (abatacept), or Cytoxan (cyclophosphamide)
- Are taking anti-diabetic medicines
- Have, have had, or develop a serious nervous disorder, seizures, any numbness or tingling, or a disease that affects your nervous system such as multiple sclerosis or Guillain-Barré syndrome
- Are scheduled to have surgery
- Have recently received or are scheduled for any vaccines. All vaccines should be brought up-to-date before starting ENBREL. Patients taking ENBREL should not receive live vaccines.
- Are allergic to rubber or latex
- Are pregnant, planning to become pregnant, or breastfeeding
- Have been around someone with chicken pox

### What are the possible side effects of ENBREL?

ENBREL can cause serious side effects including: New **infections** or worsening of infections you already have; **hepatitis B** can become active if you already have had it; **nervous system problems**, such as multiple sclerosis, seizures, or inflammation of the nerves of the eyes; **blood problems** (some fatal); new or worsening **heart failure**; new or worsening **psoriasis**; **allergic reactions**; **autoimmune reactions**, including a lupus-like syndrome and autoimmune hepatitis.

**Common side effects include:** Injection site reactions and upper respiratory infections (sinus infections).

In general, side effects in children were similar in frequency and type as those seen in adult patients. The types of infections reported were generally mild and similar to those usually seen in children.

These are not all the side effects with ENBREL. Tell your healthcare provider about any side effect that bothers you or does not go away.

If you have any questions about this information, be sure to discuss them with your healthcare provider. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see [Prescribing Information](#) and [Medication Guide](#) on this website.



Manufactured by Immunex Corporation  
Thousand Oaks, CA 91320

Marketed by Amgen Inc.

**Enbrel.com**

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